

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**1 - 2000 m. LIBRE MASCULINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado					
1	001203042	<b>SANTIAGO GUIJARRO ÁLVARO</b>										2004	EL VALLE		<b>22:11.10</b>					
	50	32.47 32.47	100	1:05.77 33.30	150	1:39.07 33.30	200	2:12.62 33.55	250	2:46.25 33.63	300	3:19.87 33.62	350	3:53.41 33.54	400	4:27.01 33.60	450	5:00.65 33.64	500	5:33.66 33.01
	550	6:06.96 33.30	600	6:40.52 33.56	650	7:14.22 33.70	700	7:47.68 33.46	750	8:21.36 33.68	800	8:54.76 33.40	850	9:28.15 33.39	900	10:01.42 33.27	950	10:35.05 33.63	1000	11:08.05 33.00
	1050	11:41.30 33.25	1100	12:14.45 33.15	1150	12:47.68 33.23	1200	13:20.78 33.10	1250	13:54.09 33.31	1300	14:27.24 33.15	1350	15:00.73 33.49	1400	15:34.10 33.37	1450	16:07.20 33.10	1500	16:40.34 33.14
	1550	17:13.28 32.94	1600	17:46.16 32.88	1650	18:19.30 33.14	1700	18:52.56 33.26	1750	19:25.45 32.89	1800	19:58.42 32.97	1850	20:30.86 32.44	1900	21:02.78 31.92	1950	21:37.14 34.36	2000	22:11.10 33.96
2	070424320	<b>PEDREÑO ALBALADEJO PABLO</b>										2004	GREDOS		<b>23:57.37</b>					
	50	32.32 32.32	100	1:06.71 34.39	150	1:41.78 35.07	200	2:17.64 35.86	250	2:53.29 35.65	300	3:29.79 36.50	350	4:06.20 36.41	400	4:43.14 36.94	450	5:19.80 36.66	500	5:56.44 36.64
	550	6:32.61 36.17	600	7:08.44 35.83	650	7:45.07 36.63	700	8:21.49 36.42	750	8:58.11 36.62	800	9:35.21 37.10	850	10:11.47 36.26	900	10:48.22 36.75	950	11:24.57 36.35	1000	12:01.10 36.53
	1050	12:37.91 36.81	1100	13:13.84 35.93	1150	13:49.87 36.03	1200	14:25.76 35.89	1250	15:01.92 36.16	1300	15:38.17 36.25	1350	16:14.38 36.21	1400	16:50.64 36.26	1450	17:27.18 36.54	1500	18:03.48 36.30
	1550	18:39.54 36.06	1600	19:15.99 36.45	1650	19:52.90 36.91	1700	20:29.26 36.36	1750	21:05.65 36.39	1800	21:41.21 35.56	1850	22:14.85 33.64	1900	22:49.29 34.44	1950	23:23.56 34.27	2000	23:57.37 33.81
3	002241219	<b>PÉREZ TORRADO MARIO</b>										2004	GREDOS		<b>24:12.29</b>					
	50	31.79 31.79	100	1:06.16 34.37	150	1:41.18 35.02	200	2:17.14 35.96	250	2:53.42 36.28	300	3:30.03 36.61	350	4:06.34 36.31	400	4:43.18 36.84	450	5:20.10 36.92	500	5:56.65 36.55
	550	6:32.74 36.09	600	7:08.50 35.76	650	7:45.24 36.74	700	8:21.71 36.47	750	8:58.47 36.76	800	9:35.14 36.67	850	10:11.53 36.39	900	10:48.65 37.12	950	11:25.06 36.41	1000	12:01.53 36.47
	1050	12:38.07 36.54	1100	13:14.18 36.11	1150	13:50.14 35.96	1200	14:25.99 35.85	1250	15:02.26 36.27	1300	15:38.66 36.40	1350	16:14.57 35.91	1400	16:50.57 36.00	1450	17:27.60 37.03	1500	18:03.91 36.31
	1550	18:39.93 36.02	1600	19:16.21 36.28	1650	19:53.23 37.02	1700	20:29.59 36.36	1750	21:06.18 36.59	1800	21:41.63 35.45	1850	22:18.00 36.37	1900	22:56.72 38.72	1950	23:35.72 39.00	2000	24:12.29 36.57
4	005299558	<b>VAN GOOL FERNANDEZ RUBEN</b>										2004	GREDOS		<b>24:31.03</b>					
	50	33.66 33.66	100	1:09.15 35.49	150		200	2:22.07 :22.07	250		300		350		400	4:50.20 :50.20	450		500	
	550		600		650		700		750		800	9:47.11 :47.11	850		900		950		1000	12:15.32 :15.32
	1050		1100		1150		1200		1250		1300		1350		1400		1450		1500	18:25.07 :25.07
	1550		1600		1650		1700		1750		1800		1850		1900		1950		2000	24:31.03 :31.03
5	054264852	<b>DIAZ DIAZ NICOLAS</b>										2004	CANOENC		<b>25:17.46</b>					
	50	34.14 34.14	100	1:09.96 35.82	150	1:46.71 36.75	200	2:24.43 37.72	250	3:02.41 37.98	300	3:40.34 37.93	350	4:18.25 37.91	400	4:56.56 38.31	450	5:34.30 37.74	500	6:12.32 38.02
	550	6:50.71 38.39	600	7:29.20 38.49	650	8:07.55 38.35	700	8:46.06 38.51	750	9:24.41 38.35	800	10:02.63 38.22	850	10:41.07 38.44	900	11:19.30 38.23	950	11:57.37 38.07	1000	12:35.82 38.45
	1050	13:13.86 38.04	1100	13:51.34 37.48	1150	14:29.39 38.05	1200	15:07.46 38.07	1250	15:46.00 38.54	1300	16:24.46 38.46	1350	17:03.28 38.82	1400	17:42.07 38.79	1450	18:20.83 38.76	1500	19:00.05 39.22
	1550	19:38.88 38.83	1600	20:16.59 37.71	1650	20:54.20 37.61	1700	21:31.86 37.66	1750	22:09.52 37.66	1800	22:47.71 38.19	1850	23:25.54 37.83	1900	24:03.71 38.17	1950	24:41.10 37.39	2000	25:17.46 36.36

 SUS: SUSTITUCIONES NP: NO PRESENTADO DSI: DESC. SALIDA IRREGULA DNI: DNI DES: DESCALIFICADO  
 RT: RETIRADO DVI: DESC. VIRAJE IRREGULA DSA: DESC. SALIDA ANTICIPADA DLI: DESC LLEGADA IRREGUL BAJ: BAJA


**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
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Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**1 - 2000 m. LIBRE MASCULINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado	
6	Y1311997E	<b>RODRIGUEZ PALACIOS RICARDO</b>										2005	ADN MOSTOLE		<b>25:18.94</b>	
50	34.68 34.68	100 1:11.05 36.37	150	200 2:24.83 :24.83	250	300	350	400 4:57.38 :57.38	450	500						
550		600	650	700	750	800 10:03.95 :03.95	850	900	950	1000 12:35.98 :35.98						
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 19:02.93 :02.93						
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 25:18.94 :18.94						
7	049686776	<b>AGÜERO MONTERO JAVIER</b>										2004	MIRASIE		<b>25:33.40</b>	
50	35.06 35.06	100 1:11.70 36.64	150 1:49.48 37.78	200 2:27.46 37.98	250 3:05.51 38.05	300 3:43.81 38.30	350 4:22.04 38.23	400 5:00.43 38.39	450 5:39.23 38.80	500 6:17.89 38.66						
550	6:56.63 38.74	600 7:34.95 38.32	650 8:13.42 38.47	700 8:51.77 38.35	750 9:30.45 38.68	800 10:09.61 39.16	850 10:48.65 39.04	900 11:27.15 38.50	950 12:05.98 38.83	1000 12:45.21 39.23						
1050	13:23.55 38.34	1100 14:02.10 38.55	1150 14:41.29 39.19	1200 15:20.35 39.06	1250 15:59.00 38.65	1300 16:37.38 38.38	1350 17:15.29 37.91	1400 17:53.82 38.53	1450 18:32.29 38.47	1500 19:10.15 37.86						
1550	19:47.99 37.84	1600 20:26.53 38.54	1650 21:04.56 38.03	1700 21:42.69 38.13	1750 22:21.45 38.76	1800 22:59.52 38.07	1850 23:37.70 38.18	1900 24:15.55 37.85	1950 24:54.40 38.85	2000 25:33.40 39.00						
8	050447371	<b>OLOMBRADA PEREZ ALEJANDRO</b>										2004	RIVAS NAT		<b>25:48.62</b>	
50	36.66 36.66	100 1:14.27 37.61	150 1:52.45 38.18	200 2:31.23 38.78	250 3:10.12 38.89	300 3:48.82 38.70	350 4:27.73 38.91	400 5:06.55 38.82	450 5:46.82 40.27	500 6:26.60 39.78						
550	7:05.97 39.37	600 7:43.92 37.95	650 8:22.10 38.18	700 8:59.69 37.59	750 9:38.01 38.32	800 10:17.35 39.34	850 10:56.49 39.14	900 11:35.84 39.35	950 12:15.00 39.16	1000 12:53.80 38.80						
1050	13:33.26 39.46	1100 14:11.59 38.33	1150 14:50.02 38.43	1200 15:28.61 38.59	1250 16:08.48 39.87	1300 16:48.42 39.94	1350 17:28.42 40.00	1400 18:07.54 39.12	1450 18:46.44 38.90	1500 19:25.19 38.75						
1550	20:04.02 38.83	1600 20:43.51 39.49	1650 21:21.83 38.32	1700 22:00.68 38.85	1750 22:39.05 38.37	1800 23:17.43 38.38	1850 23:56.23 38.80	1900 24:34.28 38.05	1950 25:12.49 38.21	2000 25:48.62 36.13						
9	468866568	<b>GARCIA GARCIA RUBEN</b>										2004	ADN MOSTOLE		<b>26:01.91</b>	
50	34.64 34.64	100 1:11.54 36.90	150	200 2:27.46 :27.46	250	300	350	400 5:01.12 :01.12	450	500						
550		600	650	700	750	800 10:14.26 :14.26	850	900	950	1000 12:52.91 :52.91						
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 19:28.81 :28.81						
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 26:01.91 :01.91						
10	006014962	<b>OCAÑA MARTIN MIGUEL</b>										2005	SAFA MADRID		<b>26:04.88</b>	
50	35.22 35.22	100 1:11.74 36.52	150	200 2:27.79 :27.79	250	300	350	400 5:03.17 :03.17	450	500						
550		600	650	700	750	800 10:18.06 :18.06	850	900	950	1000 12:55.54 :55.54						
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 19:30.79 :30.79						
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 26:04.88 :04.88						

 SUS: SUSTITUCIONES NP: NO PRESENTADO DSI: DESC. SALIDA IRREGULA DNI: DNI DES: DESCALIFICADO  
 RT: RETIRADO DVI: DESC. VIRAJE IRREGULA DSA: DESC. SALIDA ANTICIPA DLI: DESC LLEGADA IRREGUL BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**2 - 2000 m. LIBRE FEMENINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
1	054198543	<b>SANZ BOSQUET BLANCA</b>										2005	EL VALLE		<b>25:07.67</b>
50	34.60 34.60	100 1:10.67 36.07	150 1:47.31 36.64	200 2:23.85 36.54	250 3:01.21 37.36	300 3:38.57 37.36	350 4:16.02 37.45	400 4:53.64 37.62	450 5:31.34 37.70	500 6:08.70 37.36					
550	6:47.09 38.39	600 7:25.13 38.04	650 8:02.78 37.65	700 8:41.02 38.24	750 9:18.91 37.89	800 9:56.67 37.76	850 10:34.54 37.87	900 11:12.80 38.26	950 11:50.91 38.11	1000 12:28.88 37.97					
1050	13:06.39 37.51	1100 13:44.60 38.21	1150 14:22.66 38.06	1200 15:00.70 38.04	1250 15:38.50 37.80	1300 16:16.65 38.15	1350 16:55.39 38.74	1400 17:34.20 38.81	1450 18:13.21 39.01	1500 18:50.70 37.49					
1550	19:28.65 37.95	1600 20:06.49 37.84	1650 20:44.37 37.88	1700 21:22.93 38.56	1750 22:01.62 38.69	1800 22:39.80 38.18	1850 23:16.77 36.97	1900 23:54.14 37.37	1950 24:31.32 37.18	2000 25:07.67 36.35					
2	005952350	<b>LEBLIC GARCIA SYDNEY</b>										2005	EL VALLE		<b>25:22.63</b>
50	34.67 34.67	100 1:10.87 36.20	150	200 2:25.18 :25.18	250	300	350	400 4:56.28 :56.28	450	500					
550		600	650	700	750	800 9:59.54 :59.54	850	900	950	1000 12:31.82 :31.82					
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 18:58.41 :58.41					
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 25:22.63 :22.63					
3	006599246	<b>MIRANDA FERNANDEZ PAULA</b>										2005	GREDOS		<b>25:51.23</b>
50	34.63 34.63	100 1:10.64 36.01	150	200 2:24.22 :24.22	250	300	350	400 4:57.02 :57.02	450	500					
550		600	650	700	750	800 10:10.18 :10.18	850	900	950	1000 12:46.37 :46.37					
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500					
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 25:51.23 :51.23					
4	007500164	<b>LOPEZ CALZADILLA LAURA</b>										2004	GREDOS		<b>25:53.49</b>
50	36.46 36.46	100 1:14.42 37.96	150 1:52.69 38.27	200 2:30.80 38.11	250 3:08.90 38.10	300 3:47.25 38.35	350 4:25.40 38.15	400 5:03.68 38.28	450 5:41.84 38.16	500 6:20.18 38.34					
550	6:58.20 38.02	600 7:36.59 38.39	650 8:15.15 38.56	700 8:53.87 38.72	750 9:32.33 38.46	800 10:10.61 38.28	850 10:49.53 38.92	900 11:28.40 38.87	950 12:07.56 39.16	1000 12:46.76 39.20					
1050	13:25.88 39.12	1100 14:05.21 39.33	1150 14:44.67 39.46	1200 15:24.07 39.40	1250 16:03.55 39.48	1300 16:43.16 39.61	1350 17:22.76 39.60	1400 18:02.00 39.24	1450 18:41.16 39.16	1500 19:20.78 39.62					
1550	20:00.00 39.22	1600 20:38.82 38.82	1650 21:17.66 38.84	1700 21:57.19 39.53	1750 22:36.64 39.45	1800 23:16.20 39.56	1850 23:55.66 39.46	1900 24:35.18 39.52	1950 25:14.49 39.31	2000 25:53.49 39.00					
5	011819742	<b>MARTINEZ MORENO PAULA</b>										2004	GREDOS		<b>26:02.57</b>
50	36.23 36.23	100 1:13.16 36.93	150	200 2:28.43 :28.43	250	300	350	400 4:58.87 :58.87	450	500					
550		600	650	700	750	800 10:10.05 :10.05	850	900	950	1000 12:47.63 :47.63					
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 19:25.46 :25.46					
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 26:02.57 :02.57					

 SUS: SUSTITUCIONES    NP: NO PRESENTADO    DSI: DESC. SALIDA IRREGULA    DNI: DNI    DES: DESCALIFICADO  
 RT: RETIRADO    DVI: DESC. VIRAJE IRREGULA    DSA: DESC. SALIDA ANTICIPA    DLI: DESC LLEGADA IRREGUL    BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**2 - 2000 m. LIBRE FEMENINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado	
6	049686774	<b>AGÜERO MONTERO LUCIA</b>										2004	MIRASIE			
50	34.99	100 1:11.82	150 1:49.64	200 2:27.68	250 3:05.99	300 3:44.47	350 4:22.98	400 5:01.07	450 5:40.09	500 6:19.01						<b>26:13.35</b>
	34.99	36.83	37.82	38.04	38.31	38.48	38.51	38.09	39.02	38.92						
550	6:58.13	600 7:36.67	650 8:15.19	700 8:54.09	750 9:33.18	800 10:11.82	850 10:51.43	900 11:30.77	950 12:10.33	1000 12:49.52						
	39.12	38.54	38.52	38.90	39.09	38.64	39.61	39.34	39.56	39.19						
1050	13:28.33	1100 14:07.64	1150 14:46.71	1200 15:26.12	1250 16:06.19	1300 16:46.14	1350 17:26.46	1400 18:07.22	1450 18:47.56	1500 19:27.11						
	38.81	39.31	39.07	39.41	40.07	39.95	40.32	40.76	40.34	39.55						
1550	20:06.90	1600 20:48.42	1650 21:28.39	1700 22:08.71	1750 22:49.82	1800 23:30.42	1850 24:11.59	1900 24:52.28	1950 25:33.40	2000 26:13.35						
	39.79	41.52	39.97	40.32	41.11	40.60	41.17	40.69	41.12	39.95						
7	051133244	<b>TEJERO DOMINGUEZ MARTA</b>										2004	GREDOS			
50	36.52	100 1:13.53	150 1:51.45	200 2:29.72	250 3:08.26	300 3:47.07	350 4:25.44	400 5:04.05	450 5:42.65	500 6:21.33						<b>26:19.46</b>
	36.52	37.01	37.92	38.27	38.54	38.81	38.37	38.61	38.60	38.68						
550	7:00.82	600 7:40.77	650 8:20.51	700 8:59.91	750 9:39.77	800 10:18.76	850 10:58.97	900 11:38.47	950 12:18.38	1000 12:58.32						
	39.49	39.95	39.74	39.40	39.86	38.99	40.21	39.50	39.91	39.94						
1050	13:38.27	1100 14:18.11	1150 14:58.27	1200 15:36.97	1250 16:16.53	1300 16:56.67	1350 17:36.66	1400 18:17.13	1450 18:57.29	1500 19:36.41						
	39.95	39.84	40.16	38.70	39.56	40.14	39.99	40.47	40.16	39.12						
1550	20:17.37	1600 20:57.57	1650 21:36.92	1700 22:17.15	1750 22:57.38	1800 23:37.59	1850 24:17.54	1900 24:57.71	1950 25:39.73	2000 26:19.46						
	40.96	40.20	39.35	40.23	40.23	40.21	39.95	40.17	42.02	39.73						
8	002762225	<b>BARRIO RUBIO PAULA</b>										2004	GREDOS			
50	35.16	100 1:11.86	150 1:50.08	200 2:28.97	250 3:07.93	300 3:47.16	350 4:26.67	400 5:05.45	450 5:44.78	500 6:25.17						<b>26:45.01</b>
	35.16	36.70	38.22	38.89	38.96	39.23	39.51	38.78	39.33	40.39						
550	7:04.23	600 7:44.00	650 8:23.91	700 9:04.74	750 9:45.05	800 10:25.67	850 11:05.91	900 11:46.45	950 12:26.74	1000 13:07.39						
	39.06	39.77	39.91	40.83	40.31	40.62	40.24	40.54	40.29	40.65						
1050	13:46.64	1100 14:27.36	1150 15:07.97	1200 15:49.22	1250 16:30.37	1300 17:11.85	1350 17:53.51	1400 18:35.27	1450 19:16.58	1500 19:57.02						
	39.25	40.72	40.61	41.25	41.15	41.48	41.66	41.76	41.31	40.44						
1550	20:39.01	1600 21:20.50	1650 22:00.89	1700 22:41.50	1750 23:21.69	1800 24:02.21	1850 24:43.06	1900 25:23.50	1950 26:04.64	2000 26:45.01						
	41.99	41.49	40.39	40.61	40.19	40.52	40.85	40.44	41.14	40.37						
9	508357651	<b>ALVARO FERNANDEZ CARMEN</b>										2005	SAFA MADRID			
50	36.85	100 1:14.64	150	200 2:34.05	250	300	350	400 5:15.83	450	500						<b>27:24.90</b>
	36.85	37.79		:34.05				:15.83								
550		600	650	700	750	800 10:46.52	850	900	950	1000 13:32.11						
						:46.52				:32.11						
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 20:34.34						
										:34.34						
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 27:24.90						
										:24.90						
10	071823146	<b>RODRIGUEZ GIL ANA CRISTINA</b>										2004	EL VALLE			
50	37.29	100 1:15.32	150	200 2:34.23	250	300	350	400 5:12.23	450	500						<b>27:26.53</b>
	37.29	38.03		:34.23				:12.23								
550		600	650	700	750	800 10:36.03	850	900	950	1000 13:22.82						
						:36.03				:22.82						
1050		1100	1150	1200	1250	1300	1350	1400	1450	1500 20:24.25						
										:24.25						
1550		1600	1650	1700	1750	1800	1850	1900	1950	2000 27:26.53						
										:26.53						

 SUS: SUSTITUCIONES NP: NO PRESENTADO DSI: DESC. SALIDA IRREGULA DNI: DNI DES: DESCALIFICADO  
 RT: RETIRADO DVI: DESC. VIRAJE IRREGULA DSA: DESC. SALIDA ANTICIPA DLI: DESC LLEGADA IRREGUL BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**3 - 3000 m. LIBRE MASCULINO**

RK	Licencia	Nombre												Año	Club	T.R.	Resultado
<b>1</b>	051404633	<b>GONZALEZ CALDERON IVAN</b>												2003	COSLADA		<b>33:10.34</b>
50	31.90 31.90	100 1:04.27 32.37	150 1:37.01 32.74	200 2:10.19 33.18	250 2:42.81 32.62	300 3:15.54 32.73	350 3:48.41 32.87	400 4:21.19 32.78	450 4:54.74 33.55	500 5:27.88 33.14							
550	6:01.56 33.68	600 6:34.57 33.01	650 7:07.68 33.11	700 7:41.36 33.68	750 8:14.73 33.37	800 8:47.72 32.99	850 9:20.99 33.27	900 9:54.14 33.15	950 10:27.45 33.31	1000 11:00.29 32.84							
1050	11:33.18 32.89	1100 12:05.72 32.54	1150 12:38.84 33.12	1200 13:12.15 33.31	1250 13:45.57 33.42	1300 14:19.00 33.43	1350 14:52.51 33.51	1400 15:25.92 33.41	1450 15:59.86 33.94	1500 16:33.50 33.64							
1550	17:06.81 33.31	1600 17:39.94 33.13	1650 18:12.82 32.88	1700 18:46.25 33.43	1750 19:19.30 33.05	1800 19:52.89 33.59	1850 20:25.95 33.06	1900 20:59.35 33.40	1950 21:32.90 33.55	2000 22:06.49 33.59							
2050	22:39.88 33.39	2100 23:13.46 33.58	2150 23:46.72 33.26	2200 24:20.02 33.30	2250 24:53.14 33.12	2300 25:26.13 32.99	2350 25:59.27 33.14	2400 26:32.88 33.61	2450 27:06.00 33.12	2500 27:39.58 33.58							
2550	28:12.86 33.28	2600 28:46.37 33.51	2650 29:19.63 33.26	2700 29:53.10 33.47	2750 30:26.34 33.24	2800 31:00.45 34.11	2850 31:33.91 33.46	2900 32:07.54 33.63	2950 32:40.80 33.26	3000 33:10.34 29.54							
<b>2</b>	002739799	<b>VILLAREJO PRADES ALEJANDRO</b>												2003	CANOENC		<b>33:38.26</b>
50	31.74 31.74	100 1:04.78 33.04	150 1:38.53 33.75	200 2:11.71 33.18	250 2:44.90 33.19	300 3:18.15 33.25	350 3:51.24 33.09	400 4:24.49 33.25	450 4:57.88 33.39	500 5:32.19 34.31							
550	6:04.30 32.11	600 6:37.37 33.07	650 7:10.60 33.23	700 7:43.88 33.28	750 8:17.13 33.25	800 8:50.39 33.26	850 9:23.77 33.38	900 9:56.90 33.13	950 10:30.33 33.43	1000 11:03.82 33.49							
1050	11:37.15 33.33	1100 12:10.43 33.28	1150 12:43.65 33.22	1200 13:17.23 33.58	1250 13:50.63 33.40	1300 14:23.99 33.36	1350 14:57.52 33.53	1400 15:30.99 33.47	1450 16:04.42 33.43	1500 16:37.72 33.30							
1550	17:11.12 33.40	1600 17:44.85 33.73	1650 18:18.46 33.61	1700 18:52.01 33.55	1750 19:25.81 33.80	1800 19:59.72 33.91	1850 20:33.43 33.71	1900 21:07.40 33.97	1950 21:41.44 34.04	2000 22:15.49 34.05							
2050	22:49.95 34.46	2100 23:24.15 34.20	2150 23:58.73 34.58	2200 24:33.06 34.33	2250 25:07.01 33.95	2300 25:41.29 34.28	2350 26:15.66 34.37	2400 26:49.90 34.24	2450 27:24.22 34.32	2500 27:58.57 34.35							
2550	28:32.93 34.36	2600 29:07.19 34.26	2650 29:41.50 34.31	2700 30:15.75 34.25	2750 30:50.17 34.42	2800 31:24.69 34.52	2850 31:59.01 34.32	2900 32:33.49 34.48	2950 33:07.40 33.91	3000 33:38.26 30.86							
<b>3</b>	23320211M	<b>GARCIA MARTINEZ EMILIO</b>												2003	MIRASUR		<b>33:38.34</b>
50	31.80 31.80	100 1:03.59 31.79	150 1:35.98 32.39	200 2:09.20 33.22	250 2:42.31 33.11	300 3:15.40 33.09	350 3:48.54 33.14	400 4:21.63 33.09	450 4:54.99 33.36	500 5:28.22 33.23							
550	6:01.58 33.36	600 6:35.23 33.65	650 7:08.41 33.18	700 7:41.74 33.33	750 8:15.11 33.37	800 8:48.67 33.56	850 9:22.40 33.73	900 9:55.94 33.54	950 10:29.69 33.75	1000 11:03.33 33.64							
1050	11:36.80 33.47	1100 12:10.66 33.86	1150 12:44.57 33.91	1200 13:18.48 33.91	1250 13:52.34 33.86	1300 14:26.18 33.84	1350 15:00.17 33.99	1400 15:34.14 33.97	1450 16:07.80 33.66	1500 16:41.65 33.85							
1550	17:15.71 34.06	1600 17:49.01 33.30	1650 18:22.94 33.93	1700 18:56.73 33.79	1750 19:31.01 34.28	1800 20:05.31 34.30	1850 20:39.47 34.16	1900 21:13.55 34.08	1950 21:47.67 34.12	2000 22:21.70 34.03							
2050	22:55.95 34.25	2100 23:29.87 33.92	2150 24:03.88 34.01	2200 24:38.00 34.12	2250 25:12.22 34.22	2300 25:46.60 34.38	2350 26:20.75 34.15	2400 26:54.85 34.10	2450 27:29.23 34.38	2500 28:03.51 34.28							
2550	28:37.65 34.14	2600 29:11.73 34.08	2650 29:46.19 34.46	2700 30:20.20 34.01	2750 30:54.35 34.15	2800 31:28.50 34.15	2850 32:02.57 34.07	2900 32:36.81 34.24	2950 33:09.48 32.67	3000 33:38.34 28.86							

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA  
 DSA: DESC. SALIDA ANTICIPA

 DNI: DNI  
 DLI: DESC. LLEGADA IRREGUL

 DES: DESCALIFICADO  
 BAJ: BAJA

SW.RESULTADOS\_GENERAL.V0 Información correcta a 20:14:25 12/01/2019

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**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**3 - 3000 m. LIBRE MASCULINO**

RK	Licencia	Nombre												Año	Club	T.R.	Resultado
4	047298319	<b>MARCOS BARGUEÑO MIGUEL</b>												2003	EL VALLE		<b>33:41.33</b>
50	32.07 32.07	100 1:04.15 32.08	150 1:36.12 31.97	200 2:08.89 32.77	250 2:42.01 33.12	300 3:15.13 33.12	350 3:48.30 33.17	400 4:21.41 33.11	450 4:54.65 33.24	500 5:27.95 33.30							
550	6:01.33 33.38	600 6:35.07 33.74	650 7:08.12 33.05	700 7:41.48 33.36	750 8:14.86 33.38	800 8:48.52 33.66	850 9:22.08 33.56	900 9:55.70 33.62	950 10:29.34 33.64	1000 11:03.05 33.71							
1050	11:36.62 33.57	1100 12:10.35 33.73	1150 12:44.34 33.99	1200 13:18.14 33.80	1250 13:52.16 34.02	1300 14:26.17 34.01	1350 14:59.95 33.78	1400 15:33.86 33.91	1450 16:07.65 33.79	1500 16:41.37 33.72							
1550	17:15.46 34.09	1600 17:48.73 33.27	1650 18:22.48 33.75	1700 18:56.52 34.04	1750 19:30.69 34.17	1800 20:04.99 34.30	1850 20:39.32 34.33	1900 21:13.16 34.21	1950 21:47.37 34.21	2000 22:21.55 34.18							
2050	22:55.73 34.18	2100 23:29.66 33.93	2150 24:03.71 34.05	2200 24:37.89 34.18	2250 25:11.97 34.08	2300 25:46.32 34.35	2350 26:20.42 34.10	2400 26:54.54 34.12	2450 27:29.04 34.50	2500 28:03.22 34.18							
2550	28:37.43 34.21	2600 29:11.59 34.16	2650 29:45.78 34.19	2700 30:19.91 34.13	2750 30:53.97 34.06	2800 31:27.94 33.97	2850 32:02.07 34.13	2900 32:36.20 34.13	2950 33:08.33 32.13	3000 33:41.33 33.00							
5	053803869	<b>CALVO ROMERO MIGUEL</b>												2001	MIRASUR		<b>34:21.38</b>
50	32.03 32.03	100 1:04.48 32.45	150 1:37.60 33.12	200 2:10.91 33.31	250 2:44.07 33.16	300 3:16.89 32.82	350 3:50.28 33.39	400 4:23.98 33.70	450 4:57.48 33.50	500 5:31.31 33.83							
550	6:05.34 34.03	600 6:39.28 33.94	650 7:12.97 33.69	700 7:46.76 33.79	750 8:20.56 33.80	800 8:54.25 33.69	850 9:27.89 33.64	900 10:01.62 33.73	950 10:35.89 34.27	1000 11:09.95 34.06							
1050	11:44.25 34.30	1100 12:18.69 34.44	1150 12:53.19 34.50	1200 13:27.67 34.48	1250 14:01.92 34.25	1300 14:36.68 34.76	1350 15:11.17 34.49	1400 15:45.82 34.65	1450 16:20.97 35.15	1500 16:56.03 35.06							
1550	17:30.63 34.60	1600 18:05.39 34.76	1650 18:39.78 34.39	1700 19:14.38 34.60	1750 19:49.35 34.97	1800 20:24.77 35.42	1850 20:59.84 35.07	1900 21:35.04 35.20	1950 22:10.47 35.43	2000 22:45.71 35.24							
2050	23:20.80 35.09	2100 23:56.19 35.39	2150 24:31.13 34.94	2200 25:05.81 34.68	2250 25:41.22 35.41	2300 26:16.37 35.15	2350 26:51.29 34.92	2400 27:26.60 35.31	2450 28:01.87 35.27	2500 28:36.94 35.07							
2550	29:12.20 35.26	2600 29:47.22 35.02	2650 30:22.30 35.08	2700 30:56.34 34.04	2750 31:31.12 34.78	2800 32:05.80 34.68	2850 32:40.03 34.23	2900 33:14.78 34.75	2950 33:49.41 34.63	3000 34:21.38 31.97							
6	050909813	<b>MARTIN DE LA IGLESIA DAVID</b>												1999	GREDOS		<b>34:22.55</b>
50	32.27 32.27	100 1:04.36 32.09	150 1:37.01 32.65	200 2:10.39 33.38	250 2:43.94 33.55	300 3:17.08 33.14	350 3:50.15 33.07	400 4:23.63 33.48	450 4:57.54 33.91	500 5:30.80 33.26							
550	6:03.58 32.78	600 6:36.58 33.00	650 7:09.99 33.41	700 7:42.92 32.93	750 8:16.10 33.18	800 8:49.03 32.93	850 9:22.57 33.54	900 9:55.91 33.34	950 10:29.40 33.49	1000 11:03.19 33.79							
1050	11:36.94 33.75	1100 12:10.73 33.79	1150 12:44.73 34.00	1200 13:18.56 33.83	1250 13:52.92 34.36	1300 14:27.07 34.15	1350 15:01.30 34.23	1400 15:35.35 34.05	1450 16:09.28 33.93	1500 16:43.63 34.35							
1550	17:17.99 34.36	1600 17:52.55 34.56	1650 18:27.11 34.56	1700 19:01.85 34.74	1750 19:36.95 35.10	1800 20:11.95 35.00	1850 20:46.75 34.80	1900 21:22.38 35.63	1950 21:57.68 35.30	2000 22:33.26 35.58							
2050	23:08.90 35.64	2100 23:44.65 35.75	2150 24:19.98 35.33	2200 24:55.04 35.06	2250 25:30.62 35.58	2300 26:06.32 35.70	2350 26:42.41 36.09	2400 27:18.02 35.61	2450 27:53.76 35.74	2500 28:28.73 34.97							
2550	29:03.92 35.19	2600 29:39.40 35.48	2650 30:14.86 35.46	2700 30:50.24 35.38	2750 31:25.83 35.59	2800 32:01.27 35.44	2850 32:36.73 35.46	2900 33:12.81 36.08	2950 33:48.77 35.96	3000 34:22.55 33.78							

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA  
 DSA: DESC. SALIDA ANTICIPA

 DNI: DNI  
 DLI: DESC. LLEGADA IRREGUL  
 BAJ: BAJA

SW.RESULTADOS\_GENERAL.V0 Información correcta a 20:14:25 12/01/2019

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Sistemas de Información, MSL Software - www.msl.es


 Centro de Natación M-86  
 C/ José Martínez de Velasco Nº3 28007 MADRID  
 Telf: 91 4337112 Fax: 91 5012896  
 www.fmn.es




**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**3 - 3000 m. LIBRE MASCULINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
7	002556248	<b>SANCHEZ MONTES IVÁN</b>										2001	CANOENC		<b>34:56.45</b>
50	32.06 32.06	100 1:04.63 32.57	150 1:37.05 32.42	200 2:10.22 33.17	250 2:43.68 33.46	300 3:17.29 33.61	350 3:51.05 33.76	400 4:24.69 33.64	450 4:58.93 34.24	500 5:33.18 34.25					
550	6:07.12 33.94	600 6:41.64 34.52	650 7:15.83 34.19	700 7:50.73 34.90	750 8:25.07 34.34	800 8:59.79 34.72	850 9:34.63 34.84	900 10:09.56 34.93	950 10:44.33 34.77	1000 11:19.53 35.20					
1050	11:54.53 35.00	1100 12:30.36 35.83	1150 13:05.30 34.94	1200 13:40.34 35.04	1250 14:15.65 35.31	1300 14:50.97 35.32	1350 15:26.29 35.32	1400 16:01.51 35.22	1450 16:36.69 35.18	1500 17:12.15 35.46					
1550	17:47.34 35.19	1600 18:22.21 34.87	1650 18:57.14 34.93	1700 19:31.52 34.38	1750 20:06.26 34.74	1800 20:40.82 34.56	1850 21:15.53 34.71	1900 21:50.45 34.92	1950 22:25.55 35.10	2000 23:00.68 35.13					
2050	23:35.92 35.24	2100 24:11.33 35.41	2150 24:47.16 35.83	2200 25:23.10 35.94	2250 25:58.91 35.81	2300 26:34.32 35.41	2350 27:10.55 36.23	2400 27:46.25 35.70	2450 28:22.06 35.81	2500 28:58.02 35.96					
2550	29:34.22 36.20	2600 30:10.28 36.06	2650 30:46.37 36.09	2700 31:22.60 36.23	2750 31:58.47 35.87	2800 32:34.60 36.13	2850 33:10.46 35.86	2900 33:46.33 35.87	2950 34:21.61 35.28	3000 34:56.45 34.84					
8	002751012	<b>FERNANDEZ BLAZQUEZ VICTOR</b>										2003	SAFA MADRID		<b>35:53.27</b>
50	33.41 33.41	100 1:07.68 34.27	150 1:43.31 35.63	200 2:18.39 35.08	250 2:54.01 35.62	300 3:30.36 36.35	350 4:06.33 35.97	400 4:42.41 36.08	450 5:18.26 35.85	500 5:54.11 35.85					
550	6:30.27 36.16	600 7:06.24 35.97	650 7:42.22 35.98	700 8:18.13 35.91	750 8:54.10 35.97	800 9:30.39 36.29	850 10:06.44 36.05	900 10:42.33 35.89	950 11:18.35 36.02	1000 11:54.59 36.24					
1050	12:30.33 35.74	1100 13:06.73 36.40	1150 13:42.89 36.16	1200 14:19.34 36.45	1250 14:55.58 36.24	1300 15:32.15 36.57	1350 16:08.40 36.25	1400 16:44.55 36.15	1450 17:20.98 36.43	1500 17:57.31 36.33					
1550	18:33.73 36.42	1600 19:10.15 36.42	1650 19:47.05 36.90	1700 20:23.02 35.97	1750 20:59.36 36.34	1800 21:35.78 36.42	1850 22:12.28 36.50	1900 22:48.50 36.22	1950 23:24.54 36.04	2000 24:00.51 35.97					
2050	24:37.08 36.57	2100 25:13.09 36.01	2150 25:48.97 35.88	2200 26:24.54 35.57	2250 26:59.72 35.18	2300 27:35.46 35.74	2350 28:11.61 36.15	2400 28:47.70 36.09	2450 29:23.14 35.44	2500 29:59.41 36.27					
2550	30:34.44 35.03	2600 31:09.95 35.51	2650 31:45.48 35.53	2700 32:21.39 35.91	2750 32:57.70 36.31	2800 33:33.23 35.53	2850 34:09.40 36.17	2900 34:44.61 35.21	2950 35:19.84 35.23	3000 35:53.27 33.43					
9	006014961	<b>OCAÑA MARTIN CARLOS</b>										2003	SAFA MADRID		<b>36:14.86</b>
50	34.19 34.19	100 1:09.26 35.07	150 1:45.56 36.30	200 2:21.99 36.43	250 2:58.63 36.64	300 3:35.67 37.04	350 4:12.20 36.53	400 4:49.11 36.91	450 5:26.17 37.06	500 6:03.34 37.17					
550	6:40.20 36.86	600 7:16.89 36.69	650 7:53.89 37.00	700 8:30.95 37.06	750 9:07.81 36.86	800 9:44.21 36.40	850 10:20.33 36.12	900 10:56.73 36.40	950 11:33.05 36.32	1000 12:09.91 36.86					
1050	12:46.17 36.26	1100 13:22.02 35.85	1150 13:57.44 35.42	1200 14:33.45 36.01	1250 15:09.91 36.46	1300 15:46.13 36.22	1350 16:22.53 36.40	1400 16:58.96 36.43	1450 17:35.57 36.61	1500 18:12.17 36.60					
1550	18:48.72 36.55	1600 19:25.01 36.29	1650 20:01.47 36.46	1700 20:37.02 35.55	1750 21:13.51 36.49	1800 21:49.82 36.31	1850 22:26.30 36.48	1900 23:02.45 36.15	1950 23:38.96 36.51	2000 24:15.66 36.70					
2050	24:52.04 36.38	2100 25:28.08 36.04	2150 26:04.85 36.77	2200 26:41.28 36.43	2250 27:17.37 36.09	2300 27:53.35 35.98	2350 28:29.24 35.89	2400 29:04.68 35.44	2450 29:40.97 36.29	2500 30:16.94 35.97					
2550	30:53.20 36.26	2600 31:29.40 36.20	2650 32:05.39 35.99	2700 32:41.60 36.21	2750 33:18.14 36.54	2800 33:54.33 36.19	2850 34:30.63 36.30	2900 35:06.47 35.84	2950 35:42.31 35.84	3000 36:14.86 32.55					

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA DNI: DNI  
 DSA: DESC. SALIDA ANTICIPA

 DES: DESCALIFICADO  
 DLI: DESC. LLEGADA IRREGUL BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**3 - 3000 m. LIBRE MASCULINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
<b>10</b>	050873845	<b>ESPINOSA CANO MARIO</b>										1993 SAFA MADRID			
50	34.90 34.90	100 1:10.95 36.05	150 1:47.78 36.83	200 2:24.71 36.93	250 3:01.57 36.86	300 3:38.43 36.86	350 4:15.65 37.22	400 4:52.71 37.06	450 5:29.52 36.81	500 6:06.74 37.22					<b>37:14.83</b>
550	6:43.90 37.16	600 7:20.84 36.94	650 7:57.99 37.15	700 8:34.47 36.48	750 9:11.21 36.74	800 9:47.75 36.54	850 10:24.47 36.72	900 11:01.17 36.70	950 11:37.86 36.69	1000 12:14.78 36.92					
1050	12:51.73 36.95	1100 13:28.31 36.58	1150 14:05.47 37.16	1200 14:42.72 37.25	1250 15:20.22 37.50	1300 15:57.33 37.11	1350 16:35.21 37.88	1400 17:12.73 37.52	1450 17:50.22 37.49	1500 18:27.35 37.13					
1550	19:04.72 37.37	1600 19:42.17 37.45	1650 20:19.87 37.70	1700 20:57.21 37.34	1750 21:34.60 37.39	1800 22:11.94 37.34	1850 22:49.78 37.84	1900 23:27.52 37.74	1950 24:05.26 37.74	2000 24:43.28 38.02					
2050	25:21.37 38.09	2100 25:59.72 38.35	2150 26:37.99 38.27	2200 27:15.80 37.81	2250 27:53.41 37.61	2300 28:30.32 36.91	2350 29:07.59 37.27	2400 29:45.93 38.34	2450 30:23.65 37.72	2500 31:01.48 37.83					
2550	31:39.43 37.95	2600 32:17.13 37.70	2650 32:54.73 37.60	2700 33:32.83 38.10	2750 34:10.46 37.63	2800 34:48.68 38.22	2850 35:26.35 37.67	2900 36:04.21 37.86	2950 36:40.41 36.20	3000 37:14.83 34.42					
<b>11</b>	007513305	<b>RODRIGUEZ DEL VAS ERNESTO</b>										2003 RIVAS NAT			
50	33.53 33.53	100 1:09.45 35.92	150 1:45.61 36.16	200 3:34.83 49.22	250 2:57.87 0.00	300 3:34.56 36.69	350 4:11.48 36.92	400 4:48.31 36.83	450 5:25.42 37.11	500 6:02.82 37.40					<b>37:50.83</b>
550	6:40.29 37.47	600 7:17.27 37.27	650 7:54.08 36.81	700 8:31.13 37.05	750 9:07.77 36.64	800 9:44.90 37.13	850 10:21.14 36.24	900 10:57.31 36.17	950 11:33.48 36.17	1000 12:10.42 36.94					
1050	12:47.71 37.29	1100 13:24.90 37.19	1150 14:02.77 37.87	1200 14:40.83 38.06	1250 15:18.80 37.97	1300 15:56.95 38.15	1350 16:35.02 38.07	1400 17:12.90 37.88	1450 17:51.36 38.46	1500 18:29.81 38.45					
1550	19:08.70 38.89	1600 19:47.18 38.48	1650 20:26.11 38.93	1700 21:05.18 39.07	1750 21:43.10 37.92	1800 22:21.82 38.72	1850 23:00.88 39.06	1900 23:39.54 38.66	1950 24:17.90 38.36	2000 24:57.17 39.27					
2050	25:36.55 39.38	2100 26:15.52 38.97	2150 26:54.85 39.33	2200 27:34.34 39.49	2250 28:13.78 39.44	2300 28:52.33 38.55	2350 29:31.63 39.30	2400 30:10.65 39.02	2450 30:49.86 39.21	2500 31:29.24 39.38					
2550	32:08.01 38.77	2600 32:46.75 38.74	2650 33:25.45 38.70	2700 34:04.14 38.69	2750 34:42.96 38.82	2800 35:21.31 38.35	2850 35:59.59 38.28	2900 36:38.02 38.43	2950 37:15.02 37.00	3000 37:50.83 35.81					
<b>12</b>	041543001	<b>SALVADOR PAREJA SERGIO</b>										2000 MIRASIE			
50	33.95 33.95	100 1:08.98 35.03	150 1:45.63 36.65	200 2:22.79 37.16	250 3:00.28 37.49	300 3:38.15 37.87	350 4:16.05 37.90	400 4:54.68 38.63	450 5:32.20 37.52	500 6:10.54 38.34					<b>38:15.94</b>
550	6:48.86 38.32	600 7:26.68 37.82	650 8:04.69 38.01	700 8:42.89 38.20	750 9:21.15 38.26	800 9:59.13 37.98	850 10:36.87 37.74	900 11:15.19 38.32	950 11:53.52 38.33	1000 12:31.23 37.71					
1050	13:07.88 36.65	1100 13:46.15 38.27	1150 14:24.52 38.37	1200 15:02.68 38.16	1250 15:40.26 37.58	1300 16:18.15 37.89	1350 16:55.56 37.41	1400 17:32.42 36.86	1450 18:10.17 37.75	1500 18:48.48 38.31					
1550	19:26.47 37.99	1600 20:04.98 38.51	1650 20:42.46 37.48	1700 21:21.74 39.28	1750 22:00.39 38.65	1800 22:38.82 38.43	1850 23:17.70 38.88	1900 23:56.55 38.85	1950 24:35.17 38.62	2000 25:14.23 39.06					
2050	25:53.49 39.26	2100 26:32.79 39.30	2150 27:11.99 39.20	2200 27:51.33 39.34	2250 28:30.21 38.88	2300 29:09.04 38.83	2350 29:48.22 39.18	2400 30:27.23 39.01	2450 31:06.63 39.40	2500 31:46.01 39.38					
2550	32:25.78 39.77	2600 33:05.09 39.31	2650 33:43.47 38.38	2700 34:22.74 39.27	2750 35:01.11 38.37	2800 35:40.06 38.95	2850 36:19.14 39.08	2900 36:58.34 39.20	2950 37:36.64 38.30	3000 38:15.94 39.30					

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA  
 DSA: DESC. SALIDA ANTICIPA

 DNI: DNI  
 DLI: DESC. LLEGADA IRREGUL

 DES: DESCALIFICADO  
 BAJ: BAJA

SW.RESULTADOS\_GENERAL.V0 Información correcta a 20:14:25 12/01/2019

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 Centro de Natación M-86  
 C/ José Martínez de Velasco Nº3 28007 MADRID  
 Telf: 91 4337112 Fax: 91 5012896  
 www.fmn.es




**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**3 - 3000 m. LIBRE MASCULINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
<b>13</b>	000310676	<b>POZA TEJEDOR MARTIN</b>										2002 MIRASIE			<b>38:22.69</b>
50	34.07 34.07	100 1:09.77 35.70	150 1:46.58 36.81	200 2:24.46 37.88	250 3:02.48 38.02	300 3:40.28 37.80	350 4:19.17 38.89	400 4:58.09 38.92	450 5:35.61 37.52	500 6:13.67 38.06					
550	6:51.98 38.31	600 7:30.65 38.67	650 8:09.06 38.41	700 8:46.85 37.79	750 9:24.38 37.53	800 10:02.31 37.93	850 10:41.26 38.95	900 11:18.65 37.39	950 11:55.15 36.50	1000 12:31.23 36.08					
1050	13:08.63 37.40	1100 13:46.17 37.54	1150 14:23.89 37.72	1200 15:02.17 38.28	1250 15:39.72 37.55	1300 16:17.70 37.98	1350 16:55.66 37.96	1400 17:33.47 37.81	1450 18:12.49 39.02	1500 18:51.40 38.91					
1550	19:30.32 38.92	1600 20:09.79 39.47	1650 20:48.95 39.16	1700 21:28.60 39.65	1750 22:07.89 39.29	1800 22:46.90 39.01	1850 23:25.10 38.20	1900 24:03.84 38.20	1950 24:43.03 39.19	2000 25:22.64 39.61					
2050	26:01.28 38.64	2100 26:40.28 39.00	2150 27:19.54 39.26	2200 27:58.15 38.61	2250 28:36.79 38.64	2300 29:16.13 39.34	2350 29:55.04 38.91	2400 30:34.13 39.09	2450 31:13.08 38.95	2500 31:52.64 39.56					
2550	32:31.87 39.23	2600 33:10.42 38.55	2650 33:49.88 39.46	2700 34:29.34 39.46	2750 35:08.60 39.26	2800 35:48.09 39.49	2850 36:26.15 38.06	2900 37:05.32 39.17	2950 37:44.27 38.95	3000 38:22.69 38.42					
<b>14</b>	005435379	<b>CASTRO MARIMON ALEJANDRO</b>										2001 GREDOS			<b>38:38.71</b>
50	34.85 34.85	100 1:10.74 35.89	150 1:47.84 37.10	200 2:25.86 38.02	250 3:03.74 37.88	300 3:41.44 37.70	350 4:19.64 38.20	400 4:57.87 38.23	450 5:36.02 38.15	500 6:14.01 37.99					
550	6:52.49 38.48	600 7:30.94 38.45	650 8:09.70 38.76	700 8:47.82 38.12	750 9:25.60 37.78	800 10:03.65 38.05	850 10:42.32 38.67	900 11:20.64 38.32	950 11:58.37 37.73	1000 12:36.29 37.92					
1050	13:14.73 38.44	1100 13:53.09 38.36	1150 14:31.69 38.60	1200 15:10.55 38.86	1250 15:48.87 38.32	1300 16:27.78 38.91	1350 17:06.35 38.57	1400 17:45.15 38.80	1450 18:24.02 38.87	1500 19:03.00 38.98					
1550	19:42.08 39.08	1600 20:20.67 38.59	1650 20:59.15 38.48	1700 21:38.18 39.03	1750 22:17.22 39.04	1800 22:55.78 38.56	1850 23:34.18 38.40	1900 24:12.91 38.73	1950 24:51.38 38.47	2000 25:30.79 39.41					
2050	26:10.15 39.36	2100 26:49.24 39.09	2150 27:28.57 39.33	2200 28:08.02 39.45	2250 28:47.57 39.55	2300 29:27.02 39.45	2350 30:06.83 39.81	2400 30:46.00 39.17	2450 31:25.40 39.40	2500 32:04.91 39.51					
2550	32:44.46 39.55	2600 33:24.06 39.60	2650 34:03.44 39.38	2700 34:43.49 40.05	2750 35:22.64 39.15	2800 36:02.24 39.60	2850 36:41.51 39.27	2900 37:21.20 39.69	2950 38:00.52 39.32	3000 38:38.71 38.19					
<b>15</b>	053903523	<b>ALARD VEGAS JAVIER</b>										2003 GREDOS			<b>38:56.43</b>
50	36.73 36.73	100 1:15.49 38.76	150 1:54.37 38.88	200 2:32.69 38.32	250 3:11.28 38.59	300 3:50.56 39.28	350 4:29.54 38.98	400 5:08.75 39.21	450 5:48.01 39.26	500 6:26.75 38.74					
550	7:06.37 39.62	600 7:45.95 39.58	650 8:25.57 39.62	700 9:05.13 39.56	750 9:44.46 39.33	800 10:22.49 38.03	850 11:01.03 38.54	900 11:39.76 38.73	950 12:18.54 38.78	1000 12:56.87 38.33					
1050	13:35.41 38.54	1100 14:14.43 39.02	1150 14:53.77 39.34	1200 15:32.86 39.09	1250 16:11.54 38.68	1300 16:50.23 38.69	1350 17:28.92 38.69	1400 18:07.84 38.92	1450 18:46.72 38.88	1500 19:25.49 38.77					
1550	20:04.13 38.64	1600 20:42.92 38.79	1650 21:21.80 38.88	1700 22:01.08 39.28	1750 22:40.23 39.15	1800 23:19.09 38.86	1850 23:57.78 38.69	1900 24:36.57 38.79	1950 25:16.21 39.64	2000 25:55.80 39.59					
2050	26:35.06 39.26	2100 27:14.33 39.27	2150 27:53.65 39.32	2200 28:33.27 39.62	2250 29:12.87 39.60	2300 29:52.57 39.70	2350 30:31.52 38.95	2400 31:10.76 39.24	2450 31:50.03 39.27	2500 32:28.95 38.92					
2550	33:08.15 39.20	2600 33:47.50 39.35	2650 34:26.52 39.02	2700 35:05.19 38.67	2750 35:44.08 38.89	2800 36:23.01 38.93	2850 37:01.83 38.82	2900 37:40.19 38.36	2950 38:18.01 37.82	3000 38:56.43 38.42					

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA  
 DSA: DESC. SALIDA ANTICIPA

 DNI: DNI  
 DLI: DESC. LLEGADA IRREGUL

 DES: DESCALIFICADO  
 BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**3 - 3000 m. LIBRE MASCULINO**

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
<b>16</b>	050932353	<b>GISMERO MORANTE CARLOS</b>	1988	MALVAR							
50	36.90 36.90	100 1:14.85 37.95	150 1:53.68 38.83	200 2:32.83 39.15	250 3:11.52 38.69	300 3:50.56 39.04	350 4:29.68 39.12	400 5:08.99 39.31	450 5:48.31 39.32	500 6:27.35 39.04	<b>40:12.10</b>
550	7:06.71 39.36	600 7:46.63 39.92	650 8:26.09 39.46	700 9:05.86 39.77	750 9:45.65 39.79	800 10:25.47 39.82	850 11:05.91 40.44	900 11:46.00 40.09	950 12:26.09 40.09	1000 13:07.03 40.94	
1050	13:47.38 40.35	1100 14:27.51 40.13	1150 15:08.06 40.55	1200 15:48.89 40.83	1250 16:28.94 40.05	1300 17:09.60 40.66	1350 17:50.53 40.93	1400 18:31.26 40.73	1450 19:12.24 40.98	1500 19:52.86 40.62	
1550	20:33.89 41.03	1600 21:14.73 40.84	1650 21:55.56 40.83	1700 22:36.74 41.18	1750 23:17.98 41.24	1800 23:59.06 41.08	1850 24:40.27 41.21	1900 25:20.99 40.72	1950 26:01.70 40.71	2000 26:42.11 40.41	
2050	27:23.00 40.89	2100 28:03.51 40.51	2150 28:43.71 40.20	2200 29:24.61 40.90	2250 30:04.65 40.04	2300 30:46.07 41.42	2350 31:26.77 40.70	2400 32:07.64 40.87	2450 32:48.34 40.70	2500 33:29.09 40.75	
2550	34:09.84 40.75	2600 34:50.20 40.36	2650 35:31.49 41.29	2700 36:12.14 40.65	2750 36:53.25 41.11	2800 37:33.94 40.69	2850 38:15.10 41.16	2900 38:54.89 39.79	2950 39:33.76 38.87	3000 40:12.10 38.34	
<b>17</b>	048081813	<b>VALVERDE TRIGO RAUL</b>	2000	MIRASIE							
50	37.81 37.81	100 1:16.02 38.21	150 1:55.47 39.45	200 2:34.94 39.47	250 3:14.68 39.74	300 3:54.36 39.68	350 4:34.16 39.80	400 5:14.19 40.03	450 5:54.20 40.01	500 6:34.49 40.29	<b>41:06.05</b>
550	7:14.79 40.30	600 7:54.54 39.75	650 8:34.35 39.81	700 9:14.69 40.34	750 9:54.54 39.85	800 10:34.99 40.45	850 11:15.00 40.01	900 11:55.12 40.12	950 12:35.88 40.76	1000 13:16.11 40.23	
1050	13:56.57 40.46	1100 14:37.10 40.53	1150 15:17.73 40.63	1200 15:58.67 40.94	1250 16:39.59 40.92	1300 17:20.49 40.90	1350 18:01.84 41.35	1400 18:43.19 41.35	1450 19:24.30 41.11	1500 20:05.87 41.57	
1550	20:47.29 41.42	1600 21:28.61 41.32	1650 22:10.58 41.97	1700 22:52.36 41.78	1750 23:34.51 42.15	1800 24:16.26 41.75	1850 24:58.61 42.35	1900 25:40.96 42.35	1950 26:23.44 42.48	2000 27:05.82 42.38	
2050	27:48.48 42.66	2100 28:30.56 42.08	2150 29:13.39 42.83	2200 29:55.69 42.30	2250 30:38.18 42.49	2300 31:20.69 42.51	2350 32:03.59 42.90	2400 32:46.17 42.58	2450 33:29.63 43.46	2500 34:11.48 41.85	
2550	34:53.31 41.83	2600 35:35.40 42.09	2650 36:17.59 42.19	2700 36:58.64 41.05	2750 37:40.24 41.60	2800 38:21.69 41.45	2850 39:02.44 40.75	2900 39:43.81 41.37	2950 40:25.60 41.79	3000 41:06.05 40.45	
<b>18</b>	50181179D	<b>COPADO CANTARERO SERGIO</b>	2003	MALVAR							
50	37.71 37.71	100 1:16.80 39.09	150 1:56.24 39.44	200 2:36.21 39.97	250 3:16.42 40.21	300 3:57.03 40.61	350 4:38.20 41.17	400 5:19.18 40.98	450 5:59.74 40.56	500 6:40.68 40.94	<b>41:31.03</b>
550	7:21.29 40.61	600 8:02.21 40.92	650 8:43.28 41.07	700 9:24.16 40.88	750 10:04.89 40.73	800 10:45.94 41.05	850 11:26.73 40.79	900 12:08.45 41.72	950 12:48.98 40.53	1000 13:30.30 41.32	
1050	14:11.68 41.38	1100 14:53.04 41.36	1150 15:34.75 41.71	1200 16:16.23 41.48	1250 16:57.78 41.55	1300 17:39.60 41.82	1350 18:20.91 41.31	1400 19:02.51 41.60	1450 20:25.78 23.27	1500 21:08.33 42.55	
1550	21:50.01 41.68	1600 22:31.83 41.82	1650	1700 23:13.94 13.94	1750 23:56.81 42.87	1800 24:39.05 42.24	1850 25:21.23 42.18	1900 26:03.55 42.32	1950 26:45.87 42.32	2000 27:28.18 42.31	
2050	28:10.05 41.87	2100 28:52.26 42.21	2150 29:35.24 42.98	2200 30:17.93 42.69	2250 31:00.43 42.50	2300 31:43.11 42.68	2350 32:25.64 42.53	2400 33:08.63 42.99	2450 33:51.25 42.62	2500 34:33.09 41.84	
2550	35:15.30 42.21	2600 35:58.10 42.80	2650 36:40.72 42.62	2700 37:22.52 41.80	2750 38:03.61 41.09	2800 38:46.12 42.51	2850 39:28.12 42.00	2900 40:08.74 40.62	2950 40:50.62 41.88	3000 41:31.03 40.41	
043222608		<b>PIÑEIRO AMONDARAIN JON</b>	2000	GREDOS							<b>DES</b>
051190929		<b>ARES SUAREZ JORGE</b>	2001	CANOENC							<b>BAJ</b>

 SUS: SUSTITUCIONES NP: NO PRESENTADO DSI: DESC. SALIDA IRREGULA DNI: DNI DES: DESCALIFICADO  
 RT: RETIRADO DVI: DESC. VIRAJE IRREGULA DSA: DESC. SALIDA ANTICIPA DLI: DESC LLEGADA IRREGUL BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**4 - 3000 m. LIBRE FEMENINO**

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
<b>1</b>	006035914	<b>CLAVO LOPEZ ZURÑE</b>										2003 GREDOS			<b>35:54.92</b>
50	33.21 33.21	100 1:07.60 34.39	150 1:42.03 34.43	200 2:16.60 34.57	250 2:51.26 34.66	300 3:25.82 34.56	350 4:00.67 34.85	400 4:35.71 35.04	450 5:10.68 34.97	500 5:45.73 35.05					
550	6:20.68 34.95	600 6:55.86 35.18	650 7:31.04 35.18	700 8:06.61 35.57	750 8:41.90 35.29	800 9:17.40 35.50	850 9:52.87 35.47	900 10:28.75 35.88	950 11:04.71 35.96	1000 11:40.26 35.55					
1050	12:16.37 36.11	1100 12:52.18 35.81	1150 13:28.28 36.10	1200 14:04.42 36.14	1250 14:40.60 36.18	1300 15:16.54 35.94	1350 15:52.60 36.06	1400 16:28.73 36.13	1450 17:05.05 36.32	1500 17:41.31 36.26					
1550	18:17.67 36.36	1600 18:53.93 36.26	1650 19:30.24 36.31	1700 20:06.90 36.66	1750 20:43.67 36.77	1800 21:20.04 36.37	1850 21:56.95 36.91	1900 22:33.25 36.30	1950 23:09.79 36.54	2000 23:46.29 36.50					
2050	24:22.79 36.50	2100 24:59.45 36.66	2150 25:35.91 36.46	2200 26:12.45 36.54	2250 26:48.95 36.50	2300 27:25.76 36.81	2350 28:02.27 36.51	2400 28:39.11 36.84	2450 29:15.77 36.66	2500 29:52.35 36.58					
2550	30:28.76 36.41	2600 31:05.55 36.79	2650 31:41.85 36.30	2700 32:18.95 37.10	2750 32:55.29 36.34	2800 33:31.79 36.50	2850 34:07.95 36.16	2900 34:44.31 36.36	2950 35:20.55 36.24	3000 35:54.92 34.37					
<b>2</b>	051133323	<b>MEDINA BLANCO SILVIA</b>										2001 CANOENC			<b>36:19.41</b>
50	34.09 34.09	100 1:08.49 34.40	150 1:43.49 35.00	200 2:18.91 35.42	250 2:54.47 35.56	300 3:30.00 35.53	350 4:05.54 35.54	400 4:41.44 35.90	450 5:17.06 35.62	500 5:52.60 35.54					
550	6:28.25 35.65	600 7:03.91 35.66	650 7:39.68 35.77	700 8:15.52 35.84	750 8:51.41 35.89	800 9:27.56 36.15	850 10:03.59 36.03	900 10:39.76 36.17	950 11:15.98 36.22	1000 11:52.36 36.38					
1050	12:28.60 36.24	1100 13:04.77 36.17	1150 13:41.04 36.27	1200 14:17.27 36.23	1250 14:53.80 36.53	1300 15:30.33 36.53	1350 16:06.72 36.39	1400 16:43.25 36.53	1450 17:19.63 36.38	1500 17:56.27 36.64					
1550	18:32.75 36.48	1600 19:09.30 36.55	1650 19:46.02 36.72	1700 20:22.76 36.74	1750 20:59.51 36.75	1800 21:36.13 36.62	1850 22:12.88 36.75	1900 22:49.78 36.90	1950 23:26.81 37.03	2000 24:03.45 36.64					
2050	24:39.87 36.42	2100 25:16.41 36.54	2150 25:53.10 36.69	2200 26:29.73 36.63	2250 27:06.53 36.80	2300 27:43.45 36.92	2350 28:20.39 36.94	2400 28:57.18 36.79	2450 29:34.25 37.07	2500 30:11.06 36.81					
2550	30:48.00 36.94	2600 31:24.95 36.95	2650 32:02.06 37.11	2700 32:39.09 37.03	2750 33:15.79 36.70	2800 33:52.81 37.02	2850 34:29.60 36.79	2900 35:06.77 37.17	2950 35:43.55 36.78	3000 36:19.41 35.86					
<b>3</b>	006597406	<b>SANCHEZ LORA CANDELA</b>										2003 GREDOS			<b>36:38.78</b>
50	34.42 34.42	100 1:09.65 35.23	150 1:44.67 35.02	200 2:19.80 35.13	250 2:55.10 35.30	300 3:30.52 35.42	350 4:06.52 36.00	400 4:42.57 36.05	450 5:18.41 35.84	500 5:54.49 36.08					
550	6:30.96 36.47	600 7:07.24 36.28	650 7:43.60 36.36	700 8:19.98 36.38	750 8:56.53 36.55	800 9:32.97 36.44	850 10:09.63 36.66	900 10:46.26 36.63	950 11:23.06 36.80	1000 11:59.87 36.81					
1050	12:36.60 36.73	1100 13:13.01 36.41	1150 13:49.56 36.55	1200 14:26.09 36.53	1250 15:02.82 36.73	1300 15:39.43 36.61	1350 16:16.16 36.73	1400 16:53.50 37.34	1450 17:30.90 37.40	1500 18:07.70 36.80					
1550	18:44.76 37.06	1600 19:22.07 37.31	1650 19:58.44 36.37	1700 20:34.72 36.28	1750 21:11.28 36.56	1800 21:47.83 36.55	1850 22:24.78 36.95	1900 23:02.03 37.25	1950 23:38.96 36.93	2000 24:15.91 36.95					
2050	24:52.89 36.98	2100 25:29.81 36.92	2150 26:07.03 37.22	2200 26:44.14 37.11	2250 27:21.27 37.13	2300 27:58.63 37.36	2350 28:35.88 37.25	2400 29:13.07 37.19	2450 29:50.29 37.22	2500 30:27.36 37.07					
2550	31:04.42 37.06	2600 31:41.31 36.89	2650 32:18.77 37.46	2700 32:56.15 37.38	2750 33:33.49 37.34	2800 34:10.18 36.69	2850 34:47.26 37.08	2900 35:24.49 37.23	2950 36:01.84 37.35	3000 36:38.78 36.94					

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA  
 DSA: DESC. SALIDA ANTICIPA

 DNI: DNI  
 DLI: DESC. LLEGADA IRREGUL

 DES: DESCALIFICADO  
 BAJ: BAJA

**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**4 - 3000 m. LIBRE FEMENINO**

RK	Licencia	Nombre												Año	Club	T.R.	Resultado
<b>4</b>	008998967	<b>BEESMANS BARQUERO MARTA</b>												2003	GREDOS		<b>37:06.21</b>
50	33.99 33.99	100 1:09.22 35.23	150 1:44.54 35.32	200 2:19.85 35.31	250 2:55.91 36.06	300 3:32.22 36.31	350 4:08.35 36.13	400 4:44.81 36.46	450 5:21.14 36.33	500 5:57.60 36.46							
550	6:34.43 36.83	600 7:11.04 36.61	650 7:47.55 36.51	700 8:24.49 36.94	750 9:01.16 36.67	800 9:38.30 37.14	850 10:15.00 36.70	900 10:51.85 36.85	950 11:29.29 37.44	1000 12:05.93 36.64							
1050	12:43.30 37.37	1100 13:20.24 36.94	1150 13:57.04 36.80	1200 14:33.79 36.75	1250 15:12.55 38.76	1300 15:48.22 35.67	1350 16:24.96 36.74	1400 17:02.00 37.04	1450 17:39.60 37.60	1500 18:16.79 37.19							
1550	18:53.65 36.86	1600 19:30.93 37.28	1650 20:07.81 36.88	1700 20:45.16 37.35	1750 21:22.48 37.32	1800 22:00.18 37.70	1850 22:37.68 37.50	1900 23:15.68 38.00	1950 23:53.66 37.98	2000 24:31.74 38.08							
2050	25:09.35 37.61	2100 25:46.93 37.58	2150 26:24.79 37.86	2200 27:02.62 37.83	2250 27:40.62 38.00	2300 28:18.66 38.04	2350 28:56.81 38.15	2400 29:34.35 37.54	2450 30:12.04 37.69	2500 30:50.29 38.25							
2550	31:28.30 38.01	2600 32:06.31 38.01	2650 32:44.55 38.24	2700 33:22.87 38.32	2750 34:00.37 37.50	2800 34:38.03 37.66	2850 35:15.56 37.53	2900 35:53.06 37.50	2950 36:29.96 36.90	3000 37:06.21 36.25							
<b>5</b>	053679181	<b>SUAREZ GONZALEZ GRACIA</b>												2000	SEK		<b>37:56.32</b>
50	35.10 35.10	100 1:10.65 35.55	150 1:47.32 36.67	200 2:23.96 36.64	250 3:00.76 36.80	300 3:37.44 36.68	350 4:13.82 36.38	400 4:50.53 36.71	450 5:27.03 36.50	500 6:04.10 37.07							
550	6:41.20 37.10	600 7:18.50 37.30	650 7:55.33 36.83	700 8:32.80 37.47	750 9:10.36 37.56	800 9:47.84 37.48	850 10:25.48 37.64	900 11:03.52 38.04	950 11:41.43 37.91	1000 12:19.47 38.04							
1050	12:57.35 37.88	1100 13:34.98 37.63	1150 14:12.71 37.73	1200 14:50.97 38.26	1250 15:28.57 37.60	1300 16:06.53 37.96	1350 16:43.95 37.42	1400 17:21.89 37.94	1450 18:00.43 38.54	1500 18:39.14 38.71							
1550	19:18.15 39.01	1600 19:56.29 38.14	1650 20:34.62 38.33	1700 21:13.27 38.65	1750 21:51.87 38.60	1800 22:30.07 38.20	1850 23:08.52 38.45	1900 23:46.79 38.27	1950 24:25.37 38.58	2000 25:04.45 39.08							
2050	25:42.70 38.25	2100 26:21.11 38.41	2150 27:00.26 39.15	2200 27:40.07 39.81	2250 28:18.61 38.54	2300 28:57.22 38.61	2350 29:36.26 39.04	2400 30:15.81 39.55	2450 30:54.78 38.97	2500 31:33.20 38.42							
2550	32:11.78 38.58	2600 32:50.78 39.00	2650 33:30.03 39.25	2700 34:07.86 37.83	2750 34:46.58 38.72	2800 35:25.16 38.58	2850 36:03.96 38.80	2900 36:42.08 38.12	2950 37:19.49 37.41	3000 37:56.32 36.83							
<b>6</b>	051915004	<b>SERNA RANZ ARIADNA</b>												2001	RIVAS NAT		<b>38:03.42</b>
50	35.09 35.09	100 1:11.95 36.86	150 1:49.56 37.61	200 2:27.00 37.44	250 3:04.94 37.94	300 3:43.08 38.14	350 4:21.10 38.02	400 4:59.33 38.23	450 5:37.30 37.97	500 6:15.63 38.33							
550	6:54.18 38.55	600 7:32.50 38.32	650 8:10.72 38.22	700 8:48.87 38.15	750 9:27.02 38.15	800 10:05.36 38.34	850 10:43.78 38.42	900 11:21.94 38.16	950 11:59.95 38.01	1000 12:38.01 38.06							
1050	13:16.18 38.17	1100 13:54.17 37.99	1150 14:32.26 38.09	1200 15:10.62 38.36	1250 15:48.81 38.19	1300 16:26.62 37.81	1350 17:04.88 38.26	1400 17:42.81 37.93	1450 18:20.61 37.80	1500 18:59.16 38.55							
1550	19:37.53 38.37	1600 20:15.91 38.38	1650 20:54.07 38.16	1700 21:31.84 37.77	1750 22:10.22 38.38	1800 22:47.96 37.74	1850 23:25.67 37.71	1900 24:03.82 38.15	1950 24:41.91 38.09	2000 25:20.42 38.51							
2050	25:58.57 38.15	2100 26:36.37 37.80	2150 27:14.86 38.49	2200 27:53.37 38.51	2250 28:32.14 38.77	2300 29:11.85 39.71	2350 29:50.07 38.22	2400 30:27.55 37.48	2450 31:05.87 38.32	2500 31:43.95 38.08							
2550	32:21.81 37.86	2600 32:59.84 38.03	2650 33:37.93 38.09	2700 34:16.01 38.08	2750 34:54.24 38.23	2800 35:32.04 37.80	2850 36:10.28 38.24	2900 36:48.31 38.03	2950 37:26.23 37.92	3000 38:03.42 37.19							

 SUS: SUSTITUCIONES  
 RT: RETIRADO

 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

 DSI: DESC. SALIDA IRREGULA  
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**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**4 - 3000 m. LIBRE FEMENINO**

RK	Licencia	Nombre												Año	Club	T.R.	Resultado
7	070424578	<b>GARCIA HERREROS NURIA</b>												2000 RIVAS NAT			<b>38:09.36</b>
50	35.06 35.06	100 1:11.36 36.30	150 1:48.34 36.98	200 2:25.13 36.79	250 3:02.37 37.24	300 3:39.76 37.39	350 4:17.42 37.66	400 4:54.90 37.48	450 5:32.82 37.92	500 6:10.50 37.68							
550	6:48.62 38.12	600 7:26.25 37.63	650 8:04.35 38.10	700 8:42.13 37.78	750 9:20.00 37.87	800 9:58.12 38.12	850 10:35.98 37.86	900 11:14.02 38.04	950 11:52.28 38.26	1000 12:30.34 38.06							
1050	13:09.07 38.73	1100 13:47.66 38.59	1150 14:26.07 38.41	1200 15:05.25 39.18	1250 15:43.60 38.35	1300 16:21.84 38.24	1350 17:00.40 38.56	1400 17:38.73 38.33	1450 18:17.15 38.42	1500 18:55.70 38.55							
1550	19:34.17 38.47	1600 20:12.63 38.46	1650 20:51.09 38.46	1700 21:29.77 38.68	1750 22:08.56 38.79	1800 22:47.70 39.14	1850 23:26.25 38.55	1900 24:04.95 38.70	1950 24:44.05 39.10	2000 25:22.99 38.94							
2050	26:01.52 38.53	2100 26:40.45 38.93	2150 27:19.39 38.94	2200 27:58.27 38.88	2250 28:36.76 38.49	2300 29:14.91 38.15	2350 29:52.98 38.07	2400 30:31.46 38.48	2450 31:09.52 38.06	2500 31:47.63 38.11							
2550	32:25.83 38.20	2600 33:04.30 38.47	2650 33:42.40 38.10	2700 34:20.75 38.35	2750 34:59.41 38.66	2800 35:37.97 38.56	2850 36:16.85 38.88	2900 36:55.00 38.15	2950 37:32.65 37.65	3000 38:09.36 36.71							
8	01181442R	<b>GUILLÉN RACIONERO LEYRE</b>												2003 MALVAR			<b>38:20.39</b>
50	34.49 34.49	100 1:09.78 35.29	150 1:45.73 35.95	200 2:22.17 36.44	250 2:59.62 37.45	300 3:37.56 37.94	350 4:15.44 37.88	400 4:53.30 37.86	450 5:31.77 38.47	500 6:10.18 38.41							
550	6:48.66 38.48	600 7:26.92 38.26	650 8:05.13 38.21	700 8:43.21 38.08	750 9:20.78 37.57	800 9:59.08 38.30	850 10:37.48 38.40	900 11:16.02 38.54	950 11:54.39 38.37	1000 12:33.36 38.97							
1050	13:12.15 38.79	1100 13:50.73 38.58	1150 14:29.69 38.96	1200 15:08.63 38.94	1250 15:47.62 38.99	1300 16:26.40 38.78	1350 17:05.17 38.77	1400 17:43.81 38.64	1450 18:22.39 38.58	1500 19:01.45 39.06							
1550	19:40.45 39.00	1600 20:19.18 38.73	1650 20:57.87 38.69	1700 21:37.34 39.47	1750 22:16.61 39.27	1800 22:55.56 38.95	1850 23:34.73 39.17	1900 24:13.79 39.06	1950 24:52.67 38.88	2000 25:31.60 38.93							
2050	26:09.77 38.17	2100 26:48.37 38.60	2150 27:27.21 38.84	2200 28:05.83 38.62	2250 28:44.78 38.95	2300 29:23.71 38.93	2350 30:02.83 39.12	2400 30:42.24 39.41	2450 31:21.53 39.29	2500 32:00.88 39.35							
2550	32:38.88 38.00	2600 33:17.72 38.84	2650 33:56.84 39.12	2700 34:35.61 38.77	2750 35:14.66 39.05	2800 35:53.43 38.77	2850 36:30.63 37.20	2900 37:07.85 37.22	2950 37:45.29 37.44	3000 38:20.39 35.10							
9	050344539	<b>BERBEL MERINO PAULA</b>												2003 GREDOS			<b>39:20.58</b>
50	35.10 35.10	100 1:12.05 36.95	150 1:49.59 37.54	200 2:27.04 37.45	250 3:04.47 37.43	300 3:42.03 37.56	350 4:19.61 37.58	400 4:57.65 38.04	450 5:35.85 38.20	500 6:13.60 37.75							
550	6:51.27 37.67	600 7:29.03 37.76	650 8:07.15 38.12	700 8:44.81 37.66	750 9:23.44 38.63	800 10:02.12 38.68	850 10:41.17 39.05	900 11:20.10 38.93	950 11:59.25 39.15	1000 12:38.43 39.18							
1050	13:18.17 39.74	1100 13:57.36 39.19	1150 14:36.72 39.36	1200 15:15.89 39.17	1250 15:55.12 39.23	1300 16:34.61 39.49	1350 17:13.32 38.71	1400 17:52.33 39.01	1450 18:31.02 38.69	1500 19:09.82 38.80							
1550	19:48.97 39.15	1600 20:27.77 38.80	1650 21:07.41 39.64	1700 21:52.19 44.78	1750 22:32.30 40.11	1800 23:11.43 39.13	1850 23:51.23 39.80	1900 24:31.97 40.74	1950 25:13.45 41.48	2000 25:54.54 41.09							
2050	26:34.01 39.47	2100 27:14.49 40.48	2150 27:55.90 41.41	2200 28:36.05 40.15	2250 29:16.46 40.41	2300 29:57.32 40.86	2350 30:38.16 40.84	2400 31:19.86 41.70	2450 32:00.57 40.71	2500 32:41.00 40.43							
2550	33:22.30 41.30	2600 34:03.03 40.73	2650 34:43.31 40.28	2700 35:23.47 40.16	2750 36:03.15 39.68	2800 36:43.44 40.29	2850 37:23.81 40.37	2900 38:04.28 40.47	2950 38:44.62 40.34	3000 39:20.58 35.96							

 SUS: SUSTITUCIONES  
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**X OPEN DE MADRID INVIERNO LARGA DISTANCIA, 12 DE ENERO 2019**
**M86\_MADRID**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**12/01/2019**
**4 - 3000 m. LIBRE FEMENINO**

RK	Licencia	Nombre												Año	Club	T.R.	Resultado
<b>10</b>	053812054	<b>VILLOCH DIAZ-MAURIÑO CAROLINA</b>												2003	GREDOS		
50	34.26 34.26	100 1:10.76 36.50	150 1:48.71 37.95	200 2:26.63 37.92	250 3:04.65 38.02	300 3:42.91 38.26	350 4:21.65 38.74	400 5:01.46 39.81	450 5:41.02 39.56	500 6:21.37 40.35						<b>39:42.11</b>	
550	7:01.55 40.18	600 7:41.90 40.35	650 8:22.32 40.42	700 9:03.19 40.87	750 9:43.52 40.33	800 10:23.11 39.59	850 11:03.76 40.65	900 11:43.44 39.68	950 12:29.09 45.65	1000 13:03.88 34.79							
1050	13:43.32 39.44	1100 14:23.02 39.70	1150 15:02.26 39.24	1200 15:41.82 39.56	1250 16:21.70 39.88	1300 17:02.21 40.51	1350 17:43.70 41.49	1400 18:24.38 40.68	1450 19:04.84 40.46	1500 19:46.93 42.09							
1550	20:27.52 40.59	1600 21:06.88 39.36	1650 21:45.87 38.99	1700 22:25.93 40.06	1750 23:05.02 39.09	1800 23:43.41 38.39	1850 24:22.38 38.97	1900 25:03.43 41.05	1950 25:44.38 40.95	2000 26:24.51 40.13							
2050	27:04.27 39.76	2100 27:43.34 39.07	2150 28:24.44 41.10	2200 29:04.78 40.34	2250 29:44.08 39.30	2300 30:23.02 38.94	2350 31:05.00 41.98	2400 31:44.55 39.55	2450 32:24.13 39.58	2500 33:05.96 41.83							
2550	33:45.40 39.44	2600 34:24.38 38.98	2650 35:04.41 40.03	2700 35:44.08 39.67	2750 36:24.02 39.94	2800 37:04.58 40.56	2850 37:44.19 39.61	2900 38:24.78 40.59	2950 39:04.71 39.93	3000 39:42.11 37.40							
<b>11</b>	53801775Z	<b>MANSO GONZÁLEZ CARMEN TERESA</b>												2002	MIRASUR		
50	36.01 36.01	100 1:13.59 37.58	150 1:52.55 38.96	200 2:32.61 40.06	250 3:11.93 39.32	300 3:52.08 40.15	350 4:32.30 40.22	400 5:12.03 39.73	450 5:52.60 40.57	500 6:32.77 40.17						<b>41:21.46</b>	
550	7:13.61 40.84	600 7:54.51 40.90	650 8:35.27 40.76	700 9:16.58 41.31	750 9:58.36 41.78	800 10:40.23 41.87	850 11:21.16 40.93	900 12:02.52 41.36	950 12:43.85 41.33	1000 13:25.47 41.62							
1050	14:06.76 41.29	1100 14:48.25 41.49	1150 15:30.22 41.97	1200 16:11.30 41.08	1250 16:53.48 42.18	1300 17:35.28 41.80	1350 18:16.68 41.40	1400 18:58.69 42.01	1450 19:40.61 41.92	1500 20:22.30 41.69							
1550	21:04.42 42.12	1600 21:46.50 42.08	1650 22:28.65 42.15	1700 23:11.03 42.38	1750 23:52.63 41.60	1800 24:34.51 41.88	1850 25:16.38 41.87	1900 25:57.94 41.56	1950 26:39.71 41.77	2000 27:21.64 41.93							
2050	28:02.99 41.35	2100 28:44.54 41.55	2150 29:26.53 41.99	2200 30:07.54 41.01	2250 30:49.58 42.04	2300 31:31.34 41.76	2350 32:13.00 41.66	2400 32:55.06 42.06	2450 33:37.51 42.45	2500 34:20.02 42.51							
2550	35:02.20 42.18	2600 35:44.62 42.42	2650 36:27.43 42.81	2700 37:09.31 41.88	2750 37:51.53 42.22	2800 38:33.99 42.46	2850 39:16.30 42.31	2900 39:58.68 42.38	2950 40:40.65 41.97	3000 41:21.46 40.81							
<b>12</b>	02627467Q	<b>LÓPEZ CEDIEL PAULA</b>												2003	MALVAR		
50	37.55 37.55	100 1:16.75 39.20	150 1:56.68 39.93	200 2:37.52 40.84	250 3:17.62 40.10	300 3:58.18 40.56	350 4:38.67 40.49	400 5:19.71 41.04	450 6:01.06 41.35	500 6:42.50 41.44						<b>42:41.41</b>	
550	7:23.77 41.27	600 8:05.55 41.78	650 8:47.33 41.78	700 9:28.72 41.39	750 10:10.97 42.25	800 10:52.98 42.01	850 11:35.09 42.11	900 12:17.66 42.57	950 12:59.79 42.13	1000 13:42.06 42.27							
1050	14:24.48 42.42	1100 15:06.71 42.23	1150 15:49.10 42.39	1200 16:31.43 42.33	1250 17:14.59 43.16	1300 17:57.65 43.06	1350 18:40.88 43.23	1400 19:23.90 43.02	1450 20:06.63 42.73	1500 20:49.31 42.68							
1550	21:32.85 43.54	1600 22:16.30 43.45	1650 22:59.92 43.62	1700 23:43.69 43.77	1750 24:27.08 43.39	1800 25:10.81 43.73	1850 25:54.56 43.75	1900 26:38.67 44.11	1950 27:22.40 43.73	2000 28:05.48 43.08							
2050	28:48.55 43.07	2100 29:31.83 43.28	2150 30:15.04 43.21	2200 30:59.18 44.14	2250 31:42.94 43.76	2300 32:27.17 44.23	2350 33:11.23 44.06	2400 33:55.70 44.47	2450 34:39.43 43.73	2500 35:23.35 43.92							
2550	36:06.96 43.61	2600 36:50.66 43.70	2650 37:34.53 43.87	2700 38:18.41 43.88	2750 39:02.54 44.13	2800 39:46.93 44.39	2850 40:30.85 43.92	2900 41:14.47 43.62	2950 41:58.10 43.63	3000 42:41.41 43.31							

 SUS: SUSTITUCIONES  
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 NP: NO PRESENTADO  
 DVI: DESC. VIRAJE IRREGULA

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