

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86 MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
1 - 2000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
1	050341005	QUIJADA ROLDAN CARLOS	2001	GREDOS							
50	32.94	1:06.32	1:40.05	2:14.15	2:48.49	3:22.72	3:56.65	4:30.30	5:03.88	5:37.69	22:27.89
	32.94	33.38	33.73	34.10	34.34	34.23	33.93	33.65	33.58	33.81	
550	6:11.75	6:45.78	7:19.74	7:53.52	8:27.26	9:01.25	9:34.92	10:09.02	10:43.02	11:16.97	
	34.06	34.03	33.96	33.78	33.74	33.99	33.67	34.10	34.00	33.95	
1050	11:50.58	12:24.31	12:57.88	13:31.04	14:04.78	14:38.52	15:12.28	15:46.14	16:19.91	16:53.71	
	33.61	33.73	33.57	33.16	33.74	33.74	33.76	33.86	33.77	33.80	
1550	17:27.70	18:01.50	18:35.18	19:08.95	19:42.62	20:16.32	20:49.66	21:23.15	21:56.42	22:27.89	
	33.99	33.80	33.68	33.77	33.67	33.70	33.34	33.49	33.27	31.47	
2	053900193	SANCHEZ RUEDA SERGIO	2001	GREDOS							
50	33.01	1:06.78	1:40.85	2:15.00	2:49.33	3:23.54	3:57.59	4:31.86	5:05.97	5:40.39	22:51.03
	33.01	33.77	34.07	34.15	34.33	34.21	34.05	34.27	34.11	34.42	
550	6:14.50	6:48.53	7:22.43	7:56.26	8:30.08	9:04.01	9:38.10	10:12.22	10:46.62	11:20.85	
	34.11	34.03	33.90	33.83	33.82	33.93	34.09	34.12	34.40	34.23	
1050	11:55.22	12:29.64	13:04.07	13:38.64	14:12.81	14:47.17	15:21.73	15:56.17	16:30.75	17:05.73	
	34.37	34.42	34.43	34.57	34.17	34.36	34.56	34.44	34.58	34.98	
1550	17:40.35	18:14.80	18:49.33	19:24.08	19:58.79	20:33.67	21:08.47	21:43.63	22:18.61	22:51.03	
	34.62	34.45	34.53	34.75	34.71	34.88	34.80	35.16	34.98	32.42	
3	053803869	CALVO ROMERO MIGUEL	2001	LEGANES							
50	33.20	1:06.74	1:40.85	2:15.11	2:49.51	3:23.36	3:57.53	4:32.12	5:06.33	5:40.79	23:09.47
	33.20	33.54	34.11	34.26	34.40	33.85	34.17	34.59	34.21	34.46	
550	6:15.14	6:49.39	7:23.27	7:57.56	8:31.86	9:06.60	9:41.50	10:16.42	10:51.34	11:26.48	
	34.35	34.25	33.88	34.29	34.30	34.74	34.90	34.92	34.92	35.14	
1050	12:01.36	12:36.31	13:11.40	13:46.40	14:21.24	14:56.26	15:30.96	16:06.44	16:41.56	17:16.89	
	34.88	34.95	35.09	35.00	34.84	35.02	34.70	35.48	35.12	35.33	
1550	17:52.07	18:27.39	19:02.74	19:38.42	20:13.47	20:48.78	21:24.64	22:00.69	22:36.27	23:09.47	
	35.18	35.32	35.35	35.68	35.05	35.31	35.86	36.05	35.58	33.20	
4	051138925	MARTIN BURGUILLO MARCOS	2002	SAFA MADRID							
50	33.69	1:08.67	1:43.73	2:18.89	2:53.80	3:28.93	4:04.07	4:39.26	5:14.49	5:49.75	23:42.89
	33.69	34.98	35.06	35.16	34.91	35.13	35.14	35.19	35.23	35.26	
550	6:24.92	7:00.21	7:35.62	8:11.35	8:46.57	9:22.06	9:57.91	10:33.73	11:09.55	11:45.36	
	35.17	35.29	35.41	35.73	35.22	35.49	35.85	35.82	35.82	35.81	
1050	12:21.27	12:57.30	13:33.23	14:09.20	14:45.43	15:21.52	15:57.13	16:33.42	17:09.50	17:45.42	
	35.91	36.03	35.93	35.97	36.23	36.09	35.61	36.29	36.08	35.92	
1550	18:21.00	18:56.85	19:32.67	20:08.83	20:44.61	21:20.86	21:56.71	22:32.47	23:08.29	23:42.89	
	35.58	35.85	35.82	36.16	35.78	36.25	35.85	35.76	35.82	34.60	
5	000834887	CUESTA MANZANO SERGIO	2001	MALVAR							
50	34.11	1:09.22	1:44.79	2:20.56	2:56.39	3:32.74	4:09.21	4:45.92	5:22.28	5:59.02	24:43.66
	34.11	35.11	35.57	35.77	35.83	36.35	36.47	36.71	36.36	36.74	
550	6:35.85	7:12.54	7:49.40	8:26.60	9:03.54	9:40.86	10:18.07	10:55.02	11:32.61	12:10.12	
	36.83	36.69	36.86	37.20	36.94	37.32	37.21	36.95	37.59	37.51	
1050	12:48.05	13:25.66	14:03.61	14:41.35	15:19.25	15:56.98	16:34.43	17:11.91	17:49.75	18:27.95	
	37.93	37.61	37.95	37.74	37.90	37.73	37.45	37.48	37.84	38.20	
1550	19:06.24	19:44.53	20:22.90	21:01.67	21:39.87	22:18.09	22:56.22	23:33.41	24:10.19	24:43.66	
	38.29	38.29	38.37	38.77	38.20	38.22	38.13	37.19	36.78	33.47	

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
1 - 2000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
6	050898700	RICO PENG MARCOS	2001	MIRASIE							
50	34.44	1:10.34	1:46.45	2:23.37	3:00.66	3:37.99	4:15.61	4:52.81	5:29.79	6:07.16	24:44.64
	34.44	35.90	36.11	36.92	37.29	37.33	37.62	37.20	36.98	37.37	
550	6:44.41	7:22.38	7:59.16	8:37.15	9:14.58	9:52.29	10:29.74	11:07.68	11:46.01	12:23.81	
	37.25	37.97	36.78	37.99	37.43	37.71	37.45	37.94	38.33	37.80	
1050	13:02.00	13:40.30	14:18.70	14:55.41	15:33.23	16:10.71	16:48.37	17:25.41	18:03.42	18:41.34	
	38.19	38.30	38.40	36.71	37.82	37.48	37.66	37.04	38.01	37.92	
1550	19:19.29	19:56.87	20:33.72	21:10.15	21:47.74	22:24.91	23:00.96	23:37.29	24:13.48	24:44.64	
	37.95	37.58	36.85	36.43	37.59	37.17	36.05	36.33	36.19	31.16	
7	500375448	CASADO PEÑA ALFONSO	2002	ALCOBEN							
50	34.21	1:09.23	1:45.55	2:21.93	2:58.82	3:35.62	4:12.72	4:49.80	5:27.00	6:04.40	25:01.32
	34.21	35.02	36.32	36.38	36.89	36.80	37.10	37.08	37.20	37.40	
550	6:41.98	7:19.89	7:57.98	8:35.78	9:13.48	9:51.11	10:29.16	11:07.06	11:45.64	12:23.90	
	37.58	37.91	38.09	37.80	37.70	37.63	38.05	37.90	38.58	38.26	
1050	13:02.07	13:40.45	14:18.50	14:57.17	15:35.54	16:13.75	16:51.78	17:29.65	18:07.79	18:45.71	
	38.17	38.38	38.05	38.67	38.37	38.21	38.03	37.87	38.14	37.92	
1550	19:23.65	20:01.76	20:40.27	21:18.42	21:57.25	22:33.81	23:12.92	23:51.15	24:27.94	25:01.32	
	37.94	38.11	38.51	38.15	38.83	36.56	39.11	38.23	36.79	33.38	
8	049099789	YUNTA RODRIGUEZ DARIO	2001	LEGANES							
50	33.63	1:08.81	1:44.23	2:19.62	2:55.58	3:32.28	4:09.56	4:46.76	5:24.27	6:02.24	25:01.43
	33.63	35.18	35.42	35.39	35.96	36.70	37.28	37.20	37.51	37.97	
550	6:40.60	7:18.50	7:56.39	8:34.12	9:12.68	9:51.47	10:29.24	11:07.88	11:46.34	12:24.69	
	38.36	37.90	37.89	37.73	38.56	38.79	37.77	38.64	38.46	38.35	
1050	13:02.74	13:40.38	14:18.26	14:56.70	15:35.37	16:14.04	16:53.19	17:30.67	18:09.67	18:47.11	
	38.05	37.64	37.88	38.44	38.67	38.67	39.15	37.48	39.00	37.44	
1550	19:24.78	20:02.66	20:40.82	21:19.51	21:57.40	22:34.11	23:11.12	23:49.96	24:27.90	25:01.43	
	37.67	37.88	38.16	38.69	37.89	36.71	37.01	38.84	24.27	25.01	
9	015957630	MINGUEZ ARECHAGA ULISES	2001	ALCOBEN							
50	35.30	1:10.80	1:47.04	2:23.92	3:00.78	3:37.81	4:15.35	4:52.60	5:30.06	6:08.15	25:10.47
	35.30	35.50	36.24	36.88	36.86	37.03	37.54	37.25	37.46	38.09	
550	6:46.21	7:23.91	8:01.71	8:39.77	9:17.74	9:55.32	10:33.26	11:10.87	11:48.71	12:26.03	
	38.06	37.70	37.80	38.06	37.97	37.58	37.94	37.61	37.84	37.32	
1050	13:03.52	13:41.02	14:18.42	14:56.76	15:35.32	16:13.77	16:52.40	17:30.88	18:09.24	18:47.62	
	37.49	37.50	37.40	38.34	38.56	38.45	38.63	38.48	38.36	38.38	
1550	19:26.61	20:04.82	20:43.51	21:21.99	22:00.42	22:39.57	23:18.11	23:55.97	24:33.70	25:10.47	
	38.99	38.21	38.69	38.48	38.43	39.15	38.54	37.86	37.73	36.77	
10	X3939007G	RUDYAGA NIKITA	2001	LEGANES							
50	33.92	1:11.10	1:48.05	2:25.11	3:01.84	3:39.98	4:17.34	4:56.17	5:34.59	6:13.75	25:46.06
	33.92	37.18	36.95	37.06	36.73	38.14	37.36	38.83	38.42	39.16	
550	6:51.86	7:30.86	8:09.14	8:49.61	9:28.50	10:06.61	10:46.29	11:26.08	12:04.23	12:43.73	
	38.11	39.00	38.28	40.47	38.89	38.11	39.68	39.79	38.15	39.50	
1050	13:22.00	14:01.36	14:40.38	15:21.67	16:01.57	16:39.89	17:20.00	18:00.39	18:40.25	19:20.13	
	38.27	39.36	39.02	41.29	39.90	38.32	40.11	40.39	39.86	39.88	
1550	19:59.65	20:40.72	21:20.98	22:00.14	22:38.77	23:17.23	23:55.73	24:33.38	25:10.69	25:46.06	
	39.52	41.07	40.26	39.16	38.63	38.46	38.50	37.65	37.31	35.37	

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86 MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
2 - 2000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
1	005287643	GARCIA MARIN LAURA	2002	GREDOS		24:26.83				
50	34.74	100 1:10.54	150 1:46.95	200 2:23.90	250 3:00.48	300 3:36.96	350 4:13.92	400 4:50.25	450 5:26.55	500 6:03.17
	34.74	35.80	36.41	36.95	36.58	36.48	36.96	36.33	36.30	36.62
550	6:39.55	600 7:15.92	650 7:52.11	700 8:28.22	750 9:04.47	800 9:40.44	850 10:17.50	900 10:53.82	950 11:30.45	1000 12:07.34
	36.38	36.37	36.19	36.11	36.25	35.97	37.06	36.32	36.63	36.89
1050	12:44.22	1100 13:21.26	1150 13:58.38	1200 14:35.27	1250 15:12.43	1300 15:49.63	1350 16:26.80	1400 17:04.04	1450 17:41.26	1500 18:18.18
	36.88	37.04	37.12	36.89	37.16	37.20	37.17	37.24	37.22	36.92
1550	18:55.50	1600 19:32.70	1650 20:10.07	1700 20:47.42	1750 21:24.93	1800 22:02.33	1850 22:39.40	1900 23:16.06	1950 23:52.51	2000 24:26.83
	37.32	37.20	37.37	37.35	37.51	37.40	37.07	36.66	36.45	34.32
2	052018852	MARTÍN PATO MARINA	2001	GREDOS		25:27.14				
50	34.53	100 1:11.00	150 1:48.33	200 2:26.39	250 3:03.90	300 3:41.99	350 4:19.94	400 4:58.40	450 5:36.87	500 6:14.89
	34.53	36.47	37.33	38.06	37.51	38.09	37.95	38.46	38.47	38.02
550	6:52.99	600 7:30.77	650 8:08.76	700 8:47.10	750 9:25.38	800 10:03.69	850 10:42.00	900 11:20.29	950 11:58.36	1000 12:36.62
	38.10	37.78	37.99	38.34	38.28	38.31	38.31	38.29	38.07	38.26
1050	13:15.87	1100 13:53.59	1150 14:31.80	1200 15:09.98	1250 15:48.70	1300 16:27.35	1350 17:05.72	1400 17:44.65	1450 18:23.61	1500 19:02.27
	39.25	37.72	38.21	38.18	38.72	38.65	38.37	38.93	38.96	38.66
1550	19:41.37	1600 20:20.23	1650 20:59.27	1700 21:38.07	1750 22:17.04	1800 22:56.03	1850 23:34.25	1900 24:13.27	1950 24:51.10	2000 25:27.14
	39.10	38.86	39.04	38.80	38.97	38.99	38.22	39.02	37.83	36.04
3	051155221	IRACHE FLORIN SARA	2002	GREDOS		25:35.00				
50	35.31	100 1:11.76	150 1:49.76	200 2:27.36	250 3:05.29	300 3:43.30	350 4:21.56	400 4:59.81	450 5:38.47	500 6:17.20
	35.31	36.45	38.00	37.60	37.93	38.01	38.26	38.25	38.66	38.73
550	6:55.94	600 7:34.91	650 8:14.22	700 8:53.04	750 9:32.10	800 10:11.18	850 10:50.27	900 11:29.23	950 12:08.46	1000 12:45.01
	38.74	38.97	39.31	38.82	39.06	39.08	39.09	38.96	39.23	36.55
1050	13:24.19	1100 14:02.39	1150 14:41.38	1200 15:20.54	1250 15:59.77	1300 16:38.57	1350 17:17.41	1400 17:56.29	1450 18:34.40	1500 19:12.90
	39.18	38.20	38.99	39.16	39.23	38.80	38.84	38.88	38.11	38.50
1550	19:52.49	1600 20:31.16	1650 21:09.88	1700 21:48.96	1750 22:27.80	1800 23:05.81	1850 23:43.04	1900 24:21.38	1950 24:59.24	2000 25:35.00
	39.59	38.67	38.72	39.08	38.84	38.01	37.23	38.34	37.86	35.76
4	0BF063907	ESCOBAR MARTINEZ LYDIA	2002	GREDOS		25:37.66				
50	35.39	100 1:12.46	150 1:50.03	200 2:27.87	250 3:05.96	300 3:44.06	350 4:22.06	400 5:00.07	450 5:38.30	500 6:17.11
	35.39	37.07	37.57	37.84	38.09	38.10	38.00	38.01	38.23	38.81
550	6:55.76	600 7:34.92	650 8:14.08	700 8:53.01	750 9:32.08	800 10:11.64	850 10:50.35	900 11:29.15	950 12:08.10	1000 12:46.32
	38.65	39.16	39.16	38.93	39.07	39.56	38.71	38.80	38.95	38.22
1050	13:25.27	1100 14:04.14	1150 14:42.87	1200 15:21.52	1250 15:59.83	1300 16:38.13	1350 17:16.80	1400 17:55.81	1450 18:34.68	1500 19:13.48
	38.95	38.87	38.73	38.65	38.31	38.30	38.67	39.01	38.87	38.80
1550	19:52.40	1600 20:31.44	1650 21:10.21	1700 21:49.02	1750 22:27.92	1800 23:06.51	1850 23:44.29	1900 24:22.24	1950 25:00.73	2000 25:37.66
	38.92	39.04	38.77	38.81	38.90	38.59	37.78	37.95	38.49	36.93
5	050051888	RECUERO DÍAZ ANDREA	2001	GREDOS		25:49.57				
50	34.61	100 1:11.24	150 1:48.83	200 2:26.78	250 3:05.10	300 3:43.72	350 4:21.78	400 4:59.99	450 5:38.16	500 6:16.28
	34.61	36.63	37.59	37.95	38.32	38.62	38.06	38.21	38.17	38.12
550	6:55.00	600 7:33.57	650 8:12.22	700 8:51.29	750 9:30.26	800 10:09.50	850 10:48.72	900 11:27.77	950 12:06.84	1000 12:46.13
	38.72	38.57	38.65	39.07	38.97	39.24	39.22	39.05	39.07	39.29
1050	13:24.87	1100 14:03.65	1150 14:42.90	1200 15:22.11	1250 16:00.68	1300 16:39.64	1350 17:18.55	1400 17:57.52	1450 18:37.49	1500 19:17.02
	38.74	38.78	39.25	39.21	38.57	38.96	38.91	38.97	39.97	39.53
1550	19:56.77	1600 20:36.10	1650 21:15.60	1700 21:54.81	1750 22:34.12	1800 23:13.61	1850 23:52.45	1900 24:31.78	1950 25:11.35	2000 25:49.57
	39.75	39.33	39.50	39.21	39.31	39.49	38.84	39.33	39.57	38.22

 RT: RETIRADO
 NP: NO PRESENTADO

 DES: DESCALIFICADO
 BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
2 - 2000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
6	051915004	SERNA RANZ ARIADNA	2001	RIVAS NAT							
50	35.58	100 1:12.98	150 1:51.13	200 2:29.68	250 3:08.27	300 3:46.95	350 4:25.55	400 5:04.63	450 5:43.69	500 6:22.11	26:00.74
	35.58	37.40	38.15	38.55	38.59	38.68	38.60	39.08	39.06	38.42	
550	7:00.89	600 7:39.96	650 8:18.61	700 8:57.66	750 9:36.72	800 10:15.80	850 10:54.92	900 11:33.79	950 12:12.91	1000 12:51.49	
	38.78	39.07	38.65	39.05	39.06	39.08	39.12	38.87	39.12	38.58	
1050	13:30.72	1100 14:10.18	1150 14:49.64	1200 15:28.64	1250 16:07.36	1300 16:46.92	1350 17:25.79	1400 18:04.68	1450 18:43.72	1500 19:22.55	
	39.23	39.46	39.46	39.00	38.72	39.56	38.87	38.89	39.04	38.83	
1550	20:01.16	1600 20:40.17	1650 21:20.20	1700 21:59.00	1750 22:39.62	1800 23:19.71	1850 24:00.36	1900 24:40.92	1950 25:21.31	2000 26:00.74	
	38.61	39.01	40.03	38.80	40.62	40.09	40.65	40.56	40.39	39.43	
7	051146039	CAMACHO GONZÁLEZ CLAUDIA	2002	GREDOS							
50	36.00	100 1:13.85	150 1:52.46	200 2:31.42	250 3:10.49	300 3:49.69	350 4:28.71	400 5:07.71	450 5:46.76	500 6:26.48	26:12.00
	36.00	37.85	38.61	38.96	39.07	39.20	39.02	39.00	39.05	39.72	
550	7:06.25	600 7:45.64	650 8:25.52	700 9:05.24	750 9:45.19	800 10:24.85	850 11:04.03	900 11:43.70	950 12:22.84	1000 13:02.62	
	39.77	39.39	39.88	39.72	39.95	39.66	39.18	39.67	39.14	39.78	
1050	13:42.05	1100 14:21.72	1150 15:01.54	1200 15:41.15	1250 16:20.51	1300 17:00.16	1350 17:39.60	1400 18:18.92	1450 18:58.76	1500 19:38.50	
	39.43	39.67	39.82	39.61	39.36	39.65	39.44	39.32	39.84	39.74	
1550	20:18.22	1600 20:57.71	1650 21:37.50	1700 22:17.57	1750 22:57.23	1800 23:36.77	1850 24:16.24	1900 24:55.76	1950 25:34.79	2000 26:12.00	
	39.72	39.49	39.79	40.07	39.66	39.54	39.47	39.52	39.03	37.21	
8	51923931M	MERINO SANCHEZ ALBA	2001	MALVAR							
50	36.49	100 1:14.61	150 1:53.10	200 2:31.98	250 3:11.51	300 3:51.00	350 4:30.71	400 5:10.64	450 5:50.26	500 6:30.20	26:49.58
	36.49	38.12	38.49	38.88	39.53	39.49	39.71	39.93	39.62	39.94	
550	7:10.61	600 7:50.37	650 8:30.09	700 9:10.29	750 9:50.98	800 10:31.31	850 11:12.01	900 11:53.09	950 12:33.60	1000 13:14.72	
	40.41	39.76	39.72	40.20	40.69	40.33	40.70	41.08	40.51	41.12	
1050	13:54.46	1100 14:35.93	1150 15:17.29	1200 15:58.71	1250 16:39.11	1300 17:19.53	1350 18:01.14	1400 18:42.43	1450 19:23.24	1500 20:04.53	
	39.74	41.47	41.36	41.42	40.40	40.42	41.61	41.29	40.81	41.29	
1550	20:45.60	1600 21:26.58	1650 22:07.65	1700 22:48.85	1750 23:30.04	1800 24:10.49	1850 24:51.12	1900 25:30.95	1950 26:10.55	2000 26:49.58	
	41.07	40.98	41.07	41.20	41.19	40.45	40.63	39.83	39.60	39.03	
9	051523914	RODRIGUEZ MARTINEZ RAQUEL	2001	MIRASIE							
50	37.62	100 1:17.68	150 1:57.12	200 2:38.52	250 3:18.65	300 3:58.43	350 4:39.12	400 5:19.02	450 5:59.30	500 6:37.90	27:32.31
	37.62	40.06	39.44	41.40	40.13	39.78	40.69	39.90	40.28	38.60	
550	7:18.65	600 7:59.80	650 8:41.05	700 9:20.58	750 10:01.33	800 10:42.58	850 11:24.93	900 12:07.27	950 12:48.71	1000 13:31.43	
	40.75	41.15	41.25	39.53	40.75	41.25	42.35	42.34	41.44	42.72	
1050	14:11.12	1100 14:51.74	1150 15:33.30	1200 16:15.99	1250 16:59.12	1300 17:43.21	1350 18:27.24	1400 19:12.02	1450 19:55.12	1500 20:38.37	
	39.69	40.62	41.56	42.69	43.13	44.09	44.03	44.78	43.10	43.25	
1550	21:19.99	1600 22:01.74	1650 22:42.52	1700 23:24.21	1750 24:05.80	1800 24:48.15	1850 25:30.12	1900 26:11.83	1950 26:52.08	2000 27:32.31	
	41.62	41.75	40.78	41.69	41.59	42.35	41.97	41.71	40.25	40.23	
	053904414	BRAVO CALERO NEREA	2002	LEGANES							

BAJ

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
1	002713791	SANTISTEBAN ROMERO SERGIO	2000	GREDOS		32:43.84					
50	30.97	100 1:02.65	150 1:34.37	200 2:06.58	250 2:38.53	300 3:10.71	350 3:43.13	400 4:15.62	450 4:48.03	500 5:20.60	
	30.97	31.68	31.72	32.21	31.95	32.18	32.42	32.49	32.41	32.57	
550	5:53.04	600 6:25.63	650 6:57.94	700 7:30.55	750 8:03.29	800 8:35.86	850 9:08.49	900 9:40.81	950 10:13.65	1000 10:46.35	
	32.44	32.59	32.31	32.61	32.74	32.57	32.63	32.32	32.84	32.70	
1050	11:18.76	1100 11:51.36	1150 12:24.05	1200 12:56.56	1250 13:29.35	1300 14:01.94	1350 14:34.72	1400 15:07.50	1450 15:40.33	1500 16:12.86	
	32.41	32.60	32.69	32.51	32.79	32.59	32.78	32.78	32.83	32.53	
1550	16:45.77	1600 17:18.55	1650 17:51.68	1700 18:24.52	1750 18:57.71	1800 19:30.92	1850 20:03.72	1900 20:36.81	1950 21:09.67	2000 21:42.68	
	32.91	32.78	33.13	32.84	33.19	33.21	32.80	33.09	32.86	33.01	
2050	22:15.31	2100 22:48.27	2150 23:21.27	2200 23:54.33	2250 24:27.30	2300 25:00.26	2350 25:33.26	2400 26:06.23	2450 26:39.11	2500 27:12.40	
	32.63	32.96	33.00	33.06	32.97	32.96	33.00	32.97	32.88	33.29	
2550	27:45.36	2600 28:18.58	2650 28:51.65	2700 29:24.93	2750 29:58.09	2800 30:31.26	2850 31:04.30	2900 31:37.40	2950 32:11.01	3000 32:43.84	
	32.96	33.22	33.07	33.28	33.16	33.17	33.04	33.10	33.61	32.83	
2	052903339	CARAZO BARBERO ALONSO	2000	GREDOS		32:59.81					
50	31.21	100 1:03.70	150 1:35.97	200 2:08.50	250 2:40.76	300 3:13.52	350 3:46.33	400 4:18.95	450 4:52.00	500 5:24.88	
	31.21	32.49	32.27	32.53	32.26	32.76	32.81	32.62	33.05	32.88	
550	5:58.01	600 6:31.09	650 7:04.35	700 7:37.56	750 8:11.38	800 8:44.01	850 9:17.35	900 9:50.30	950 10:23.30	1000 10:56.15	
	33.13	33.08	33.26	33.21	33.82	32.63	33.34	32.95	33.00	32.85	
1050	11:29.19	1100 12:01.58	1150 12:34.82	1200 13:07.82	1250 13:40.93	1300 14:14.00	1350 14:47.42	1400 15:20.21	1450 15:53.49	1500 16:26.33	
	33.04	32.39	33.24	33.00	33.11	33.07	33.42	32.79	33.28	32.84	
1550	16:59.24	1600 17:32.85	1650 18:06.15	1700 18:39.50	1750 19:13.03	1800 19:46.85	1850 20:19.86	1900 20:53.20	1950 21:26.94	2000 22:00.52	
	32.91	33.61	33.30	33.35	33.53	33.82	33.01	33.34	33.74	33.58	
2050	22:33.70	2100 23:06.87	2150 23:40.21	2200 24:12.61	2250 24:45.69	2300 25:18.99	2350 25:52.36	2400 26:26.12	2450 26:59.30	2500 27:32.80	
	33.18	33.17	33.34	32.40	33.08	33.30	33.37	33.76	33.18	33.50	
2550	28:05.74	2600 28:38.90	2650 29:12.00	2700 29:44.42	2750 30:17.20	2800 30:49.66	2850 31:22.31	2900 31:55.29	2950 32:27.71	3000 32:59.81	
	32.94	33.16	33.10	32.42	32.78	32.46	32.65	32.98	32.42	32.10	
3	051144362	PRAVIA DE LA GUERRA IÑIGO	1998	CANOENC		33:40.64					
50	31.97	100 1:04.34	150 1:37.46	200 2:10.63	250 2:43.52	300 3:16.29	350 3:49.36	400 4:22.35	450 4:55.86	500 5:29.46	
	31.97	32.37	33.12	33.17	32.89	32.77	33.07	32.99	33.51	33.60	
550	6:02.46	600 6:36.09	650 7:09.29	700 7:42.70	750 8:16.07	800 8:49.49	850 9:23.24	900 9:56.75	950 10:30.42	1000 11:04.22	
	33.00	33.63	33.20	33.41	33.37	33.42	33.75	33.51	33.67	33.80	
1050	11:38.16	1100 12:12.30	1150 12:46.24	1200 13:20.53	1250 13:54.64	1300 14:28.61	1350 15:02.95	1400 15:36.91	1450 16:11.17	1500 16:46.13	
	33.94	34.14	33.94	34.29	34.11	33.97	34.34	33.96	34.26	34.96	
1550	17:19.55	1600 17:53.92	1650 18:28.47	1700 19:02.90	1750 19:36.96	1800 20:10.71	1850 20:44.67	1900 21:18.45	1950 21:52.08	2000 22:25.58	
	33.42	34.37	34.55	34.43	34.06	33.75	33.96	33.78	33.63	33.50	
2050	22:59.19	2100 23:32.74	2150 24:06.27	2200 24:39.73	2250 25:13.57	2300 25:47.19	2350 26:21.14	2400 26:54.66	2450 27:27.91	2500 28:01.35	
	33.61	33.55	33.53	33.46	33.84	33.62	33.95	33.52	33.25	33.44	
2550	28:35.00	2600 29:08.71	2650 29:42.37	2700 30:16.15	2750 30:49.96	2800 31:23.85	2850 31:58.12	2900 32:32.40	2950 33:05.97	3000 33:40.64	
	33.65	33.71	33.66	33.78	33.81	33.89	34.27	34.28	33.57	34.67	

 RT: RETIRADO
 NP: NO PRESENTADO

 DES: DESCALIFICADO
 BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
4	070427793	FERNANDEZ VAILLO ADRIAN	2000	CANOENC		33:43.37				
50	31.52	100 1:04.03	150 1:36.63	200 2:09.03	250 2:41.16	300 3:14.16	350 3:46.46	400 4:19.43	450 4:52.54	500 5:25.38
	31.52	32.51	32.60	32.40	32.13	33.00	32.30	32.97	33.11	32.84
550	5:58.45	600 6:31.81	650 7:04.77	700 7:37.98	750 8:11.73	800 8:44.98	850 9:18.24	900 9:51.58	950 10:24.23	1000 10:57.59
	33.07	33.36	32.96	33.21	33.75	33.25	33.26	33.34	32.65	33.36
1050	11:30.68	1100 12:04.38	1150 12:38.13	1200 13:12.03	1250 13:45.97	1300 14:20.14	1350 14:54.32	1400 15:28.40	1450 16:02.60	1500 16:37.37
	33.09	33.70	33.75	33.90	33.94	34.17	34.18	34.08	34.20	34.77
1550	17:11.00	1600 17:45.41	1650 18:19.54	1700 18:53.72	1750 19:28.02	1800 20:01.74	1850 20:35.90	1900 21:10.12	1950 21:44.54	2000 22:18.72
	33.63	34.41	34.13	34.18	34.30	33.72	34.16	34.22	34.42	34.18
2050	22:52.64	2100 23:26.98	2150 24:01.42	2200 24:35.32	2250 25:09.27	2300 25:43.73	2350 26:17.75	2400 26:51.95	2450 27:26.03	2500 28:00.24
	33.92	34.34	34.44	33.90	33.95	34.46	34.02	34.20	34.08	34.21
2550	28:34.58	2600 29:08.90	2650 29:43.17	2700 30:17.63	2750 30:50.19	2800 31:25.32	2850 32:00.27	2900 32:35.07	2950 33:10.36	3000 33:43.37
	34.34	34.32	34.27	34.46	32.56	35.13	34.95	34.80	35.29	33.01
5	047412303	PASTOR ALVAREZ DANIEL	1998	CANOENC		33:49.87				
50	31.91	100 1:04.32	150 1:36.90	200 2:09.87	250 2:43.01	300 3:16.36	350 3:49.79	400 4:23.01	450 4:56.24	500 5:29.90
	31.91	32.41	32.58	32.97	33.14	33.35	33.43	33.22	33.23	33.66
550	6:03.13	600 6:36.58	650 7:09.95	700 7:43.41	750 8:16.65	800 8:50.22	850 9:23.96	900 9:57.24	950 10:30.75	1000 11:04.37
	33.23	33.45	33.37	33.46	33.24	33.57	33.74	33.28	33.51	33.62
1050	11:38.21	1100 12:12.05	1150 12:46.29	1200 13:20.11	1250 13:53.95	1300 14:27.93	1350 15:01.77	1400 15:35.70	1450 16:09.73	1500 16:43.42
	33.84	33.84	34.24	33.82	33.84	33.98	33.84	33.93	34.03	33.69
1550	17:17.63	1600 17:52.53	1650 18:25.80	1700 19:00.02	1750 19:34.16	1800 20:08.24	1850 20:42.34	1900 21:16.20	1950 21:50.27	2000 22:24.44
	34.21	34.90	33.27	34.22	34.14	34.08	34.10	33.86	34.07	34.17
2050	22:58.70	2100 23:32.66	2150 24:06.54	2200 24:40.39	2250 25:14.61	2300 25:48.89	2350 26:23.27	2400 26:57.23	2450 27:31.69	2500 28:06.32
	34.26	33.96	33.88	33.85	34.22	34.28	34.38	33.96	34.46	34.63
2550	28:41.18	2600 29:15.19	2650 29:49.54	2700 30:23.80	2750 30:58.09	2800 31:32.67	2850 32:07.43	2900 32:41.89	2950 33:16.23	3000 33:49.87
	34.86	34.01	34.35	34.26	34.29	34.58	34.76	34.46	34.34	33.64
6	005954514	REGALADO SANTIAGO ANGEL	1999	CANOENC		34:00.07				
50	32.80	100 1:06.81	150 1:41.60	200 2:16.87	250 2:51.24	300 3:24.69	350 3:58.68	400 4:32.58	450 5:06.35	500 5:40.32
	32.80	34.01	34.79	35.27	34.37	33.45	33.99	33.90	33.77	33.97
550	6:13.99	600 6:48.11	650 7:22.32	700 7:56.42	750 8:30.30	800 9:04.10	850 9:38.15	900 10:12.24	950 10:46.01	1000 11:20.18
	33.67	34.12	34.21	34.10	33.88	33.80	34.05	34.09	33.77	34.17
1050	11:54.03	1100 12:27.31	1150 13:01.26	1200 13:34.79	1250 14:08.54	1300 14:42.57	1350 15:16.38	1400 15:50.84	1450 16:24.96	1500 16:59.58
	33.85	33.28	33.95	33.53	33.75	34.03	33.81	34.46	34.12	34.62
1550	17:33.61	1600 18:07.78	1650 18:41.91	1700 19:16.13	1750 19:50.52	1800 20:24.54	1850 20:58.60	1900 21:32.87	1950 22:07.27	2000 22:41.58
	34.03	34.17	34.13	34.22	34.39	34.02	34.06	34.27	34.40	34.31
2050	23:16.45	2100 23:51.30	2150 24:25.55	2200 25:00.02	2250 25:34.01	2300 26:08.53	2350 26:42.80	2400 27:17.65	2450 27:52.23	2500 28:26.55
	34.87	34.85	34.25	34.47	33.99	34.52	34.27	34.85	34.58	34.32
2550	29:00.64	2600 29:34.47	2650 30:08.39	2700 30:41.93	2750 31:15.86	2800 31:49.87	2850 32:24.43	2900 32:58.14	2950 33:31.38	3000 34:00.07
	34.09	33.83	33.92	33.54	33.93	34.01	34.56	33.71	33.24	28.69

 RT: RETIRADO
 NP: NO PRESENTADO

 DES: DESCALIFICADO
 BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
7	008972430	DEL HOYO FERRES CARLOS	2000	ALCOBEN		34:00.46					
50	31.41	100 1:03.42	150 1:36.56	200 2:09.71	250 2:43.25	300 3:16.38	350 3:49.99	400 4:23.53	450 4:56.94	500 5:30.71	
	31.41	32.01	33.14	33.15	33.54	33.13	33.61	33.54	33.41	33.77	
550	6:04.31	600 6:37.97	650 7:11.92	700 7:45.49	750 8:19.46	800 8:53.34	850 9:27.47	900 10:01.57	950 10:34.85	1000 11:08.54	
	33.60	33.66	33.95	33.57	33.97	33.88	34.13	34.10	33.28	33.69	
1050	11:42.70	1100 12:16.70	1150 12:50.46	1200 13:24.33	1250 13:58.19	1300 14:32.20	1350 15:06.42	1400 15:40.93	1450 16:15.48	1500 16:50.37	
	34.16	34.00	33.76	33.87	33.86	34.01	34.22	34.51	34.55	34.89	
1550	17:24.92	1600 17:59.42	1650 18:34.23	1700 19:09.13	1750 19:43.20	1800 20:17.70	1850 20:52.76	1900 21:27.27	1950 22:02.64	2000 22:36.80	
	34.55	34.50	34.81	34.90	34.07	34.50	35.06	34.51	35.37	34.16	
2050	23:10.60	2100 23:45.63	2150 24:20.04	2200 24:55.43	2250 25:30.09	2300 26:04.62	2350 26:39.72	2400 27:15.25	2450 27:50.72	2500 28:25.92	
	33.80	35.03	34.41	35.39	34.66	34.53	35.10	35.53	35.47	35.20	
2550	29:00.11	2600 29:33.84	2650 30:08.21	2700 30:42.36	2750 31:16.00	2800 31:50.78	2850 32:25.38	2900 32:58.89	2950 33:32.35	3000 34:00.46	
	34.19	33.73	34.37	34.15	33.64	34.78	34.60	33.51	33.46	28.11	
8	007214295	RODRIGUEZ BELTRAN DANIEL	1998	CANOENC		34:14.83					
50	32.62	100 1:05.42	150 1:38.42	200 2:11.73	250 2:45.05	300 3:17.97	350 3:51.33	400 4:24.61	450 4:58.39	500 5:32.30	
	32.62	32.80	33.00	33.31	33.32	32.92	33.36	33.28	33.78	33.91	
550	6:06.17	600 6:40.01	650 7:13.95	700 7:47.82	750 8:21.86	800 8:55.46	850 9:29.27	900 10:03.28	950 10:37.05	1000 11:11.10	
	33.87	33.84	33.94	33.87	34.04	33.60	33.81	34.01	33.77	34.05	
1050	11:44.89	1100 12:18.97	1150 12:53.20	1200 13:27.31	1250 14:01.46	1300 14:35.89	1350 15:10.20	1400 15:44.55	1450 16:18.72	1500 16:53.13	
	33.79	34.08	34.23	34.11	34.15	34.43	34.31	34.35	34.17	34.41	
1550	17:27.55	1600 18:01.95	1650 18:36.44	1700 19:10.90	1750 19:45.36	1800 20:19.93	1850 20:54.66	1900 21:29.30	1950 22:03.63	2000 22:38.36	
	34.42	34.40	34.49	34.46	34.46	34.57	34.73	34.64	34.33	34.73	
2050	23:12.90	2100 23:47.93	2150 24:22.74	2200 24:57.58	2250 25:32.55	2300 26:07.66	2350 26:42.40	2400 27:17.11	2450 27:52.04	2500 28:27.02	
	34.54	35.03	34.81	34.84	34.97	35.11	34.74	34.71	34.93	34.98	
2550	29:01.71	2600 29:36.72	2650 30:11.77	2700 30:46.84	2750 31:22.06	2800 31:57.01	2850 32:32.29	2900 33:06.77	2950 33:41.41	3000 34:14.83	
	34.69	35.01	35.05	35.07	35.22	34.95	35.28	34.48	34.64	33.42	
9	005262117	CEPEDANO ARCONES CESAR	1997	CANOENC		34:45.31					
50	32.51	100 1:05.73	150 1:39.26	200 2:13.05	250 2:46.96	300 3:20.87	350 3:54.58	400 4:28.23	450 5:02.25	500 5:36.33	
	32.51	33.22	33.53	33.79	33.91	33.91	33.71	33.65	34.02	34.08	
550	6:10.49	600 6:44.77	650 7:19.36	700 7:54.07	750 8:28.54	800 9:02.92	850 9:37.42	900 10:11.89	950 10:46.31	1000 11:20.91	
	34.16	34.28	34.59	34.71	34.47	34.38	34.50	34.47	34.42	34.60	
1050	11:55.41	1100 12:30.06	1150 13:05.27	1200 13:40.27	1250 14:15.40	1300 14:50.77	1350 15:25.86	1400 16:00.62	1450 16:35.69	1500 17:10.89	
	34.50	34.65	35.21	35.00	35.13	35.37	35.09	34.76	35.07	35.20	
1550	17:45.35	1600 18:19.89	1650 18:54.78	1700 19:29.44	1750 20:03.99	1800 20:39.22	1850 21:14.43	1900 21:50.15	1950 22:25.78	2000 23:01.91	
	34.46	34.54	34.89	34.66	34.55	35.23	35.21	35.72	35.63	36.13	
2050	23:37.60	2100 24:13.54	2150 24:49.42	2200 25:24.57	2250 25:59.43	2300 26:34.64	2350 27:09.31	2400 27:43.95	2450 28:19.15	2500 28:54.14	
	35.69	35.94	35.88	35.15	34.86	35.21	34.67	34.64	35.20	34.99	
2550	29:29.07	2600 30:03.96	2650 30:39.11	2700 31:14.38	2750 31:50.07	2800 32:25.25	2850 32:59.95	2900 33:35.99	2950 34:11.28	3000 34:45.31	
	34.93	34.89	35.15	35.27	35.69	35.18	34.70	36.04	35.29	34.03	

 RT: RETIRADO
 NP: NO PRESENTADO

 DES: DESCALIFICADO
 BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
10	052903634	RODRIGUEZ SACRISTAN SERGIO	2000	ALCOBEN		35:13.82					
50	32.56	100 1:06.89	150 1:41.94	200 2:17.19	250 2:51.89	300 3:26.52	350 4:01.27	400 4:36.39	450 5:11.61	500 5:46.61	
	32.56	34.33	35.05	35.25	34.70	34.63	34.75	35.12	35.22	35.00	
550	6:21.87	600 6:57.64	650 7:32.86	700 8:07.87	750 8:42.82	800 9:18.15	850 9:53.98	900 10:29.99	950 11:05.48	1000 11:41.38	
	35.26	35.77	35.22	35.01	34.95	35.33	35.83	36.01	35.49	35.90	
1050	12:17.45	1100 12:52.84	1150 13:28.43	1200 14:03.55	1250 14:39.12	1300 15:14.20	1350 15:48.77	1400 16:23.88	1450 16:59.13	1500 17:34.80	
	36.07	35.39	35.59	35.12	35.57	35.08	34.57	35.11	35.25	35.67	
1550	18:10.68	1600 18:46.13	1650 19:22.45	1700 19:58.26	1750 20:34.09	1800 21:09.94	1850 21:44.77	1900 22:20.10	1950 22:55.33	2000 23:30.36	
	35.88	35.45	36.32	35.81	35.83	35.85	34.83	35.33	35.23	35.03	
2050	24:05.26	2100 24:40.61	2150 25:16.02	2200 25:51.37	2250 26:27.12	2300 27:02.70	2350 27:38.08	2400 28:13.23	2450 28:48.76	2500 29:24.08	
	34.90	35.35	35.41	35.35	35.75	35.58	35.38	35.15	35.53	35.32	
2550	29:59.41	2600 30:34.65	2650 31:10.11	2700 31:45.17	2750 32:20.23	2800 32:55.23	2850 33:30.60	2900 34:05.82	2950 34:40.09	3000 35:13.82	
	35.33	35.24	35.46	35.06	35.06	35.00	35.37	35.22	34.27	33.73	
11	002757296	MARIN GONZALEZ VICTOR	1996	SAFA MADRID		35:20.66					
50	32.83	100 1:07.28	150 1:42.38	200 2:17.63	250 2:52.66	300 3:27.88	350 4:03.18	400 4:38.28	450 5:13.15	500 5:48.82	
	32.83	34.45	35.10	35.25	35.03	35.22	35.30	35.10	34.87	35.67	
550	6:24.15	600 7:00.05	650 7:35.87	700 8:11.93	750 8:47.31	800 9:23.08	850 9:58.71	900 10:34.17	950 11:09.10	1000 11:44.83	
	35.33	35.90	35.82	36.06	35.38	35.77	35.63	35.46	34.93	35.73	
1050	12:20.50	1100 12:55.69	1150 13:31.28	1200 14:07.15	1250 14:42.68	1300 15:18.41	1350 15:53.35	1400 16:28.50	1450 17:03.99	1500 17:39.26	
	35.67	35.19	35.59	35.87	35.53	35.73	34.94	35.15	35.49	35.27	
1550	18:14.44	1600 18:49.39	1650 19:24.53	1700 19:59.87	1750 20:34.82	1800 21:09.68	1850 21:45.00	1900 22:19.85	1950 22:55.35	2000 23:31.43	
	35.18	34.95	35.14	35.34	34.95	34.86	35.32	34.85	35.50	36.08	
2050	24:07.09	2100 24:42.75	2150 25:18.45	2200 25:54.18	2250 26:30.32	2300 27:05.88	2350 27:40.86	2400 28:16.69	2450 28:52.44	2500 29:28.32	
	35.66	35.66	35.70	35.73	36.14	35.56	34.98	35.83	35.75	35.88	
2550	30:03.07	2600 30:38.55	2650 31:14.09	2700 31:50.06	2750 32:25.38	2800 33:00.57	2850 33:35.91	2900 34:11.70	2950 34:46.63	3000 35:20.66	
	34.75	35.48	35.54	35.97	35.32	35.19	35.34	35.79	34.93	34.03	
12	053800783	MARTIN MARTIN ENRIQUE	1999	LEGANES		35:21.63					
50	32.11	100 1:05.37	150 1:38.83	200 2:12.28	250 2:46.18	300 3:20.25	350 3:54.77	400 4:29.65	450 5:03.04	500 5:37.10	
	32.11	33.26	33.46	33.45	33.90	34.07	34.52	34.88	33.39	34.06	
550	6:11.72	600 6:46.35	650 7:20.58	700 7:55.12	750 8:29.85	800 9:04.56	850 9:39.34	900 10:14.12	950 10:48.88	1000 11:24.03	
	34.62	34.63	34.23	34.54	34.73	34.71	34.78	34.78	34.76	35.15	
1050	11:58.97	1100 12:34.31	1150 13:09.54	1200 13:44.84	1250 14:20.18	1300 14:55.50	1350 15:31.07	1400 16:06.87	1450 16:42.23	1500 17:17.83	
	34.94	35.34	35.23	35.30	35.34	35.32	35.57	35.80	35.36	35.60	
1550	17:53.51	1600 18:29.15	1650 19:04.87	1700 19:40.52	1750 20:16.04	1800 20:51.39	1850 21:27.57	1900 22:03.32	1950 22:39.35	2000 23:15.10	
	35.68	35.64	35.72	35.65	35.52	35.35	36.18	35.75	36.03	35.75	
2050	23:51.23	2100 24:27.58	2150 25:03.20	2200 25:39.64	2250 26:15.81	2300 26:52.74	2350 27:29.27	2400 28:05.73	2450 28:42.42	2500 29:18.66	
	36.13	36.35	35.62	36.44	36.17	36.93	36.53	36.46	36.69	36.24	
2550	29:55.13	2600 30:31.75	2650 31:08.40	2700 31:44.84	2750 32:21.49	2800 32:57.87	2850 33:34.22	2900 34:10.07	2950 34:46.27	3000 35:21.63	
	36.47	36.62	36.65	36.44	36.65	36.38	36.35	35.85	36.20	35.36	

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
13	050909578	ORTEGA CHICHARRO JAIME	1999	GREDOS		36:03.78				
50	32.46	1:05.89	1:39.46	2:13.92	2:48.64	3:23.95	3:59.30	4:34.72	5:10.14	5:45.49
	32.46	33.43	33.57	34.46	34.72	35.31	35.35	35.42	35.42	35.35
550	6:20.84	6:56.47	7:32.30	8:07.93	8:44.06	9:19.79	9:55.43	10:31.59	11:07.75	11:43.84
	35.35	35.63	35.83	35.63	36.13	35.73	35.64	36.16	36.16	36.09
1050	12:19.79	12:55.78	13:32.32	14:08.90	14:45.27	15:21.67	15:58.00	16:34.55	17:11.17	17:47.39
	35.95	35.99	36.54	36.58	36.37	36.40	36.33	36.55	36.62	36.22
1550	18:23.98	18:59.83	19:35.91	20:12.31	20:48.91	21:25.62	22:02.10	22:39.24	23:15.92	23:52.69
	36.59	35.85	36.08	36.40	36.60	36.71	36.48	37.14	36.68	36.77
2050	24:29.05	25:05.85	25:41.91	26:19.24	26:56.12	27:33.07	28:09.95	28:47.29	29:24.31	30:01.43
	36.36	36.80	36.06	37.33	36.88	36.95	36.88	37.34	37.02	37.12
2550	30:38.71	31:15.63	31:52.70	32:29.31	33:04.33	33:40.57	34:16.69	34:52.85	35:29.07	36:03.78
	37.28	36.92	37.07	36.61	35.02	36.24	36.12	36.16	36.22	34.71
14	053445021	MARTIN DOMINGUEZ VICTOR	1990	LEGANES		36:09.45				
50	33.05	1:07.37	1:42.33	2:17.90	2:53.38	3:28.34	4:03.60	4:38.84	5:14.31	5:49.83
	33.05	34.32	34.96	35.57	35.48	34.96	35.26	35.24	35.47	35.52
550	6:25.56	7:00.31	7:35.55	8:10.45	8:45.19	9:19.77	9:54.64	10:30.48	11:06.39	11:42.26
	35.73	34.75	35.24	34.90	34.74	34.58	34.87	35.84	35.91	35.87
1050	12:17.68	12:52.39	13:27.33	14:02.49	14:37.72	15:13.30	15:48.14	16:23.85	16:59.53	17:35.27
	35.42	34.71	34.94	35.16	35.23	35.58	34.84	35.71	35.68	35.74
1550	18:11.42	18:46.95	19:22.95	19:59.13	20:35.06	21:11.67	21:47.88	22:24.20	23:01.91	23:38.82
	36.15	35.53	36.00	36.18	35.93	36.61	36.21	36.32	37.71	36.91
2050	24:15.78	24:53.50	25:31.91	26:09.81	26:47.52	27:24.91	28:03.49	28:42.27	29:21.08	30:00.33
	36.96	37.72	38.41	37.90	37.71	37.39	38.58	38.78	38.81	39.25
2550	30:36.76	31:14.54	31:52.69	32:30.09	33:06.55	33:43.67	34:21.20	34:58.35	35:34.47	36:09.45
	36.43	37.78	38.15	37.40	36.46	37.12	37.53	37.15	36.12	34.98
15	002309722	SAVOINI AREVALO SERGIO	1995	SAFA MADRID		36:12.77				
50	32.96	1:06.75	1:41.96	2:17.11	2:52.29	3:27.35	4:02.38	4:37.24	5:11.56	5:46.45
	32.96	33.79	35.21	35.15	35.18	35.06	35.03	34.86	34.32	34.89
550	6:21.54	6:56.75	7:32.15	8:07.32	8:42.94	9:18.73	9:54.06	10:29.71	11:05.49	11:41.43
	35.09	35.21	35.40	35.17	35.62	35.79	35.33	35.65	35.78	35.94
1050	12:17.31	12:52.84	13:28.07	14:03.79	14:39.52	15:15.43	15:51.41	16:27.53	17:04.04	17:40.98
	35.88	35.53	35.23	35.72	35.73	35.91	35.98	36.12	36.51	36.94
1550	18:17.60	18:54.46	19:31.05	20:07.84	20:44.79	21:21.99	21:59.13	22:36.46	23:13.78	23:50.87
	36.62	36.86	36.59	36.79	36.95	37.20	37.14	37.33	37.32	37.09
2050	24:28.10	25:05.41	25:42.60	26:19.49	26:56.37	27:33.96	28:11.89	28:49.32	29:26.75	30:04.55
	37.23	37.31	37.19	36.89	36.88	37.59	37.93	37.43	37.43	37.80
2550	30:41.80	31:19.33	31:57.08	32:34.19	33:11.10	33:48.35	34:25.04	35:01.40	35:37.60	36:12.77
	37.25	37.53	37.75	37.11	36.91	37.25	36.69	36.36	36.20	35.17

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
16	051475330	RUIZ GARCIA ENRIQUE	1991	MIRASIE							
50	35.33	100 1:09.85	150 1:45.44	200 2:21.83	250 2:58.44	300 3:35.00	350 4:11.36	400 4:48.09	450 5:25.12	500 6:02.20	36:18.61
	35.33	34.52	35.59	36.39	36.61	36.56	36.36	36.73	37.03	37.08	
550	6:39.62	600 7:16.17	650 7:53.25	700 8:30.44	750 9:07.82	800 9:44.89	850 10:21.83	900 10:58.83	950 11:35.58	1000 12:11.73	
	37.42	36.55	37.08	37.19	37.38	37.07	36.94	37.00	36.75	36.15	
1050	12:47.68	1100 13:23.86	1150 14:00.87	1200 14:37.53	1250 15:13.99	1300 15:50.18	1350 16:26.07	1400 17:02.11	1450 17:38.69	1500 18:14.83	
	35.95	36.18	37.01	36.66	36.46	36.19	35.89	36.04	36.58	36.14	
1550	18:51.19	1600 19:27.63	1650 20:03.75	1700 20:40.35	1750 21:16.99	1800 21:53.29	1850 22:29.45	1900 23:05.38	1950 23:41.76	2000 24:18.30	
	36.36	36.44	36.12	36.60	36.64	36.30	36.16	35.93	36.38	36.54	
2050	24:54.28	2100 25:30.53	2150 26:06.77	2200 26:42.95	2250 27:19.13	2300 27:55.46	2350 28:31.80	2400 29:08.06	2450 29:44.10	2500 30:56.91	
	35.98	36.25	36.24	36.18	36.18	36.33	36.34	36.26	36.04	1:12.8	
2550	31:33.03	2600 32:09.27	2650 32:45.61	2700 33:21.69	2750 33:57.35	2800 34:32.93	2850 35:08.67	2900 35:44.02	2950 35:44.00	3000 36:18.61	
	36.12	36.24	36.34	36.08	35.66	35.58	35.74	35.35	0.00	34.61	
17	053447605	MARTIN DOMINGUEZ ADRIAN	1994	LEGANES							
50	33.41	100 1:07.18	150 1:41.60	200 2:16.28	250 2:51.13	300 3:26.17	350 4:00.94	400 4:36.07	450 5:11.30	500 5:46.53	36:18.97
	33.41	33.77	34.42	34.68	34.85	35.04	34.77	35.13	35.23	35.23	
550	6:22.07	600 6:57.75	650 7:33.25	700 8:08.94	750 8:44.90	800 9:21.27	850 9:57.41	900 10:33.51	950 11:09.66	1000 11:45.92	
	35.54	35.68	35.50	35.69	35.96	36.37	36.14	36.10	36.15	36.26	
1050	12:22.22	1100 12:58.80	1150 13:35.61	1200 14:12.09	1250 14:49.76	1300 15:26.64	1350 16:02.77	1400 16:39.65	1450 17:16.15	1500 17:52.98	
	36.30	36.58	36.81	36.48	37.67	36.88	36.13	36.88	36.50	36.83	
1550	18:30.06	1600 19:07.07	1650 19:44.14	1700 20:21.59	1750 20:58.47	1800 21:35.32	1850 22:12.20	1900 22:48.75	1950 23:25.32	2000 24:03.07	
	37.08	37.01	37.07	37.45	36.88	36.85	36.88	36.55	36.57	37.75	
2050	24:41.04	2100 25:18.15	2150 25:56.13	2200 26:33.07	2250 27:10.39	2300 27:47.58	2350 28:25.13	2400 29:01.88	2450 29:38.82	2500 30:16.11	
	37.97	37.11	37.98	36.94	37.32	37.19	37.55	36.75	36.94	37.29	
2550	30:53.52	2600 31:30.51	2650 32:07.29	2700 32:44.52	2750 33:20.85	2800 33:57.03	2850 34:32.56	2900 35:08.49	2950 35:43.94	3000 36:18.97	
	37.41	36.99	36.78	37.23	36.33	36.18	35.53	35.93	35.45	35.03	
18	050873845	ESPINOSA CANO MARIO	1993	SAFA MADRID							
50	32.62	100 1:07.10	150 1:43.33	200 2:20.06	250 2:56.64	300 3:33.70	350 4:10.67	400 4:48.07	450 5:25.17	500 6:02.52	37:09.96
	32.62	34.48	36.23	36.73	36.58	37.06	36.97	37.40	37.10	37.35	
550	6:39.66	600 7:16.49	650 7:53.53	700 8:30.96	750 9:08.26	800 9:45.08	850 10:21.92	900 10:59.04	950 11:35.93	1000 12:12.42	
	37.14	36.83	37.04	37.43	37.30	36.82	36.84	37.12	36.89	36.49	
1050	12:48.62	1100 13:24.77	1150 14:01.46	1200 14:38.71	1250 15:15.18	1300 15:52.17	1350 16:29.24	1400 17:06.76	1450 17:44.27	1500 18:21.42	
	36.20	36.15	36.69	37.25	36.47	36.99	37.07	37.52	37.51	37.15	
1550	18:59.38	1600 19:37.65	1650 20:15.84	1700 20:52.81	1750 21:30.20	1800 22:07.80	1850 22:45.41	1900 23:23.49	1950 24:01.56	2000 24:39.84	
	37.96	38.27	38.19	36.97	37.39	37.60	37.61	38.08	38.07	38.28	
2050	25:17.28	2100 25:54.73	2150 26:32.65	2200 27:10.42	2250 27:48.03	2300 28:26.34	2350 29:04.76	2400 29:42.83	2450 30:20.63	2500 30:57.48	
	37.44	37.45	37.92	37.77	37.61	38.31	38.42	38.07	37.80	36.85	
2550	31:34.52	2600 32:13.08	2650 32:51.42	2700 33:29.33	2750 34:07.68	2800 34:44.21	2850 35:21.35	2900 35:58.80	2950 36:35.89	3000 37:09.96	
	37.04	38.56	38.34	37.91	38.35	36.53	37.14	37.45	37.09	34.07	

 RT: RETIRADO
 NP: NO PRESENTADO

 DES: DESCALIFICADO
 BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
19	050845187	FONSECA CADIZ YAMEL	1999	ALCOBEN		37:16.26				
50	33.83	1:09.25	1:45.54	2:22.17	2:58.60	3:34.84	4:11.10	4:48.20	5:24.86	6:01.33
	33.83	35.42	36.29	36.63	36.43	36.24	36.26	37.10	36.66	36.47
550	6:38.75	7:16.04	7:53.56	8:29.52	9:05.22	9:42.31	10:19.31	10:56.15	11:33.22	12:10.51
	37.42	37.29	37.52	35.96	35.70	37.09	37.00	36.84	37.07	37.29
1050	12:47.81	13:25.38	14:02.50	14:39.93	15:17.79	15:55.75	16:32.89	17:10.13	17:47.68	18:25.19
	37.30	37.57	37.12	37.43	37.86	37.96	37.14	37.24	37.55	37.51
1550	19:02.71	19:40.66	20:18.25	20:56.36	21:34.30	22:12.48	22:50.47	23:28.62	24:05.86	24:44.63
	37.52	37.95	37.59	38.11	37.94	38.18	37.99	38.15	37.24	38.77
2050	25:22.44	25:59.35	26:36.70	27:15.19	27:53.21	28:30.88	29:08.79	29:46.75	30:24.58	31:02.59
	37.81	36.91	37.35	38.49	38.02	37.67	37.91	37.96	37.83	38.01
2550	31:40.64	32:18.71	32:56.59	33:34.82	34:12.62	34:50.70	35:27.70	36:05.39	36:41.21	37:16.26
	38.05	38.07	37.88	38.23	37.80	38.08	37.00	37.69	35.82	35.05
20	05440988Q	RAMIREZ SANCHO ALVARO	2000	MALVAR		37:22.16				
50	34.07	1:09.15	1:45.52	2:22.23	2:58.91	3:35.17	4:11.42	4:48.16	5:25.15	6:01.86
	34.07	35.08	36.37	36.71	36.68	36.26	36.25	36.74	36.99	36.71
550	6:38.62	7:15.89	7:53.46	8:30.14	9:06.47	9:43.87	10:21.22	10:58.82	11:36.35	12:13.89
	36.76	37.27	37.57	36.68	36.33	37.40	37.35	37.60	37.53	37.54
1050	12:51.44	13:29.07	14:06.88	14:44.38	15:21.45	15:58.51	16:35.86	17:13.45	17:51.03	18:28.88
	37.55	37.63	37.81	37.50	37.07	37.06	37.35	37.59	37.58	37.85
1550	19:06.54	19:44.41	20:22.24	20:59.88	21:37.86	22:15.46	22:53.22	23:30.99	24:08.64	24:46.24
	37.66	37.87	37.83	37.64	37.98	37.60	37.76	37.77	37.65	37.60
2050	25:23.46	26:00.89	26:38.86	27:17.38	27:55.45	28:33.00	29:11.43	29:49.22	30:27.55	31:05.69
	37.22	37.43	37.97	38.52	38.07	37.55	38.43	37.79	38.33	38.14
2550	31:44.39	32:22.63	33:00.77	33:38.41	34:16.34	34:54.36	35:32.12	36:09.82	36:46.78	37:22.16
	38.70	38.24	38.14	37.64	37.93	38.02	37.76	37.70	36.96	35.38
21	053719132	VILLAR FERNANDES JAIME	2000	LEGANES		37:28.48				
50	35.31	1:12.06	1:48.69	2:25.88	3:02.31	3:39.14	4:16.20	4:53.10	5:30.18	6:07.39
	35.31	36.75	36.63	37.19	36.43	36.83	37.06	36.90	37.08	37.21
550	6:44.77	7:22.11	7:59.33	8:36.86	9:14.95	9:52.80	10:30.97	11:08.59	11:46.19	12:24.30
	37.38	37.34	37.22	37.53	38.09	37.85	38.17	37.62	37.60	38.11
1050	13:02.37	13:40.14	14:18.36	14:56.93	15:35.36	16:13.08	16:50.47	17:28.47	18:06.20	18:44.29
	38.07	37.77	38.22	38.57	38.43	37.72	37.39	38.00	37.73	38.09
1550	19:21.17	19:58.21	20:35.80	21:13.45	21:51.11	22:28.94	23:06.98	23:44.51	24:22.57	25:00.46
	36.88	37.04	37.59	37.65	37.66	37.83	38.04	37.53	38.06	37.89
2050	25:38.38	26:16.88	26:55.01	27:32.47	28:10.75	28:49.25	29:27.60	30:04.68	30:41.08	31:18.81
	37.92	38.50	38.13	37.46	38.28	38.50	38.35	37.08	36.40	37.73
2550	31:56.23	32:33.54	33:11.00	33:48.67	34:26.55	35:03.35	35:40.32	36:17.82	36:55.47	37:28.48
	37.42	37.31	37.46	37.67	37.88	36.80	36.97	37.50	37.65	33.01

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016

M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016

3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
22	051475331	RUIZ GARCIA PABLO	1993	MIRASIE		37:50.84				
50	34.81	100 1:10.24	150 1:47.23	200 2:24.39	250 3:01.77	300 3:38.98	350 4:16.27	400 4:53.09	450 5:30.66	500 6:07.94
	34.81	35.43	36.99	37.16	37.38	37.21	37.29	36.82	37.57	37.28
550	6:45.43	600 7:22.97	650 8:00.61	700 8:38.72	750 9:15.80	800 9:53.12	850 10:30.78	900 11:08.68	950 11:46.96	1000 12:24.94
	37.49	37.54	37.64	38.11	37.08	37.32	37.66	37.90	38.28	37.98
1050	13:02.69	1100 13:40.70	1150 14:19.19	1200 14:57.33	1250 15:35.83	1300 16:13.81	1350 16:51.99	1400 17:30.24	1450 18:07.90	1500 18:45.76
	37.75	38.01	38.49	38.14	38.50	37.98	38.18	38.25	37.66	37.86
1550	19:23.77	1600 20:01.65	1650 20:40.33	1700 21:18.34	1750 21:57.31	1800 22:35.93	1850 23:14.65	1900 23:53.12	1950 24:31.20	2000 25:09.58
	38.01	37.88	38.68	38.01	38.97	38.62	38.72	38.47	38.08	38.38
2050	25:47.71	2100 26:26.35	2150 27:05.02	2200 27:43.56	2250 28:22.65	2300 29:01.62	2350 29:40.66	2400 30:18.98	2450 30:57.61	2500 31:36.01
	38.13	38.64	38.67	38.54	39.09	38.97	39.04	38.32	38.63	38.40
2550	32:14.31	2600 32:52.37	2650 33:29.08	2700 34:07.86	2750 34:45.41	2800 35:23.26	2850 36:00.90	2900 36:38.09	2950 37:15.13	3000 37:50.84
	38.30	38.06	36.71	38.78	37.55	37.85	37.64	37.19	37.04	35.71
23	53826323K	MORATO CAÑAS ALEJANDRO	1999	MALVAR		38:45.07				
50	36.01	100 1:13.89	150 1:51.52	200 2:29.74	250 3:09.25	300 3:47.80	350 4:26.94	400 5:06.02	450 5:43.60	500 6:21.13
	36.01	37.88	37.63	38.22	39.51	38.55	39.14	39.08	37.58	37.53
550	6:58.99	600 7:36.91	650 8:14.98	700 8:53.00	750 9:31.23	800 10:09.59	850 10:48.24	900 11:26.47	950 12:04.70	1000 12:43.17
	37.86	37.92	38.07	38.02	38.23	38.36	38.65	38.23	38.23	38.47
1050	13:22.08	1100 14:00.24	1150 14:38.69	1200 15:16.98	1250 15:55.55	1300 16:33.93	1350 17:12.59	1400 17:51.89	1450 18:31.38	1500 19:10.21
	38.91	38.16	38.45	38.29	38.57	38.38	38.66	39.30	39.49	38.83
1550	19:49.49	1600 20:28.28	1650 21:07.06	1700 21:45.68	1750 22:24.49	1800 23:03.26	1850 23:41.38	1900 24:20.58	1950 24:59.08	2000 25:38.08
	39.28	38.79	38.78	38.62	38.81	38.77	38.12	39.20	38.50	39.00
2050	26:17.21	2100 26:56.62	2150 27:35.46	2200 28:15.32	2250 28:55.72	2300 29:35.13	2350 30:15.40	2400 30:55.09	2450 31:35.25	2500 32:15.32
	39.13	39.41	38.84	39.86	40.40	39.41	40.27	39.69	40.16	40.07
2550	32:54.97	2600 33:34.99	2650 34:14.60	2700 34:53.13	2750 35:32.37	2800 36:11.55	2850 36:49.71	2900 37:29.01	2950 38:07.65	3000 38:45.07
	39.65	40.02	39.61	38.53	39.24	39.18	38.16	39.30	38.64	37.42
24	050932353	GISMERO MORANTE CARLOS	1988	MALVAR		39:56.43				
50	36.30	100 1:13.53	150 1:51.35	200 2:30.27	250 3:09.43	300 3:48.31	350 4:27.19	400 5:06.45	450 5:45.22	500 6:24.58
	36.30	37.23	37.82	38.92	39.16	38.88	38.88	39.26	38.77	39.36
550	7:04.20	600 7:43.89	650 8:23.88	700 9:03.65	750 9:43.21	800 10:22.93	850 11:02.72	900 11:42.32	950 12:22.41	1000 13:02.08
	39.62	39.69	39.99	39.77	39.56	39.72	39.79	39.60	40.09	39.67
1050	13:41.49	1100 14:21.50	1150 15:01.16	1200 15:41.11	1250 16:21.19	1300 17:00.91	1350 17:41.25	1400 18:21.17	1450 19:01.50	1500 19:41.69
	39.41	40.01	39.66	39.95	40.08	39.72	40.34	39.92	40.33	40.19
1550	20:21.44	1600 21:01.60	1650 21:41.92	1700 22:22.26	1750 23:02.05	1800 23:42.29	1850 24:22.03	1900 25:01.98	1950 25:42.67	2000 26:23.10
	39.75	40.16	40.32	40.34	39.79	40.24	39.74	39.95	40.69	40.43
2050	27:03.49	2100 27:44.19	2150 28:24.99	2200 29:05.55	2250 29:46.26	2300 30:27.10	2350 31:07.67	2400 31:48.73	2450 32:29.67	2500 33:10.34
	40.39	40.70	40.80	40.56	40.71	40.84	40.57	41.06	40.94	40.67
2550	33:51.16	2600 34:32.26	2650 35:13.50	2700 35:54.39	2750 36:34.83	2800 37:15.80	2850 37:56.23	2900 38:37.20	2950 39:17.54	3000 39:56.43
	40.82	41.10	41.24	40.89	40.44	40.97	40.43	40.97	40.34	38.89

RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA



OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016

M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016

3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
25	05306243M	DEL POZO LASO GONZALO	1999	RIVAS NAT		40:21.93					
50	35.05	1:11.70	1:49.40	2:26.97	3:05.57	3:44.64	4:24.49	5:03.65	5:43.90	6:23.51	
	35.05	36.65	37.70	37.57	38.60	39.07	39.85	39.16	40.25	39.61	
550	7:03.39	7:43.47	8:22.96	9:03.07	9:43.71	10:23.95	11:04.68	11:45.68	12:27.05	13:09.50	
	39.88	40.08	39.49	40.11	40.64	40.24	40.73	41.00	41.37	42.45	
1050	13:49.65	14:30.72	15:11.20	15:50.86	16:31.83	17:13.22	17:54.03	18:35.51	19:16.99	19:58.64	
	40.15	41.07	40.48	39.66	40.97	41.39	40.81	41.48	41.48	41.65	
1550	20:39.99	21:19.61	22:00.55	22:42.50	23:23.57	24:04.94	24:46.30	25:27.29	26:09.49	26:51.14	
	41.35	39.62	40.94	41.95	41.07	41.37	41.36	40.99	42.20	41.65	
2050	27:33.03	28:13.29	28:53.78	29:34.26	30:15.43	30:57.20	31:38.30	32:18.83	33:00.01	33:40.31	
	41.89	40.26	40.49	40.48	41.17	41.77	41.10	40.53	41.18	40.30	
2550	34:20.92	35:00.71	35:41.42	36:22.54	37:03.39	37:43.97	38:23.63	39:02.57	39:42.80	40:21.93	
	40.61	39.79	40.71	41.12	40.85	40.58	39.66	38.94	40.23	39.13	
048081813		VALVERDE TRIGO RAUL		2000	MIRASIE						DES
047231825		HURTADO CABRERA DANIEL		1991	COSLADA						BAJ

RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA



OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
4 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
1	049146474	SALAMANCA DIAZ SOFIA	2000	MADMOSC		34:49.08				
50	34.62	100 1:09.83	150 1:45.12	200 2:20.46	250 2:55.72	300 3:31.16	350 4:06.73	400 4:42.09	450 5:17.34	500 5:52.64
	34.62	35.21	35.29	35.34	35.26	35.44	35.57	35.36	35.25	35.30
550	6:28.09	600 7:03.29	650 7:38.15	700 8:13.34	750 8:48.16	800 9:23.01	850 9:58.10	900 10:32.79	950 11:07.59	1000 11:42.68
	35.45	35.20	34.86	35.19	34.82	34.85	35.09	34.69	34.80	35.09
1050	12:17.43	1100 12:52.02	1150 13:26.77	1200 14:01.28	1250 14:36.17	1300 15:10.90	1350 15:45.70	1400 16:20.24	1450 16:54.91	1500 17:29.77
	34.75	34.59	34.75	34.51	34.89	34.73	34.80	34.54	34.67	34.86
1550	18:04.64	1600 18:39.09	1650 19:13.39	1700 19:48.20	1750 20:22.82	1800 20:57.43	1850 21:31.76	1900 22:06.26	1950 22:40.72	2000 23:15.36
	34.87	34.45	34.30	34.81	34.62	34.61	34.33	34.50	34.46	34.64
2050	23:50.09	2100 24:25.12	2150 24:59.73	2200 25:34.41	2250 26:09.45	2300 26:44.05	2350 27:19.10	2400 27:53.92	2450 28:28.89	2500 29:03.91
	34.73	35.03	34.61	34.68	35.04	34.60	35.05	34.82	34.97	35.02
2550	29:38.60	2600 30:13.36	2650 30:48.28	2700 31:22.97	2750 31:57.74	2800 32:32.52	2850 33:07.48	2900 33:42.23	2950 34:16.20	3000 34:49.08
	34.69	34.76	34.92	34.69	34.77	34.78	34.96	34.75	33.97	32.88
2	073225224	ARTIGAS FERNANDEZ ISABEL	1998	CANOENC		35:21.21				
50	33.13	100 1:06.75	150 1:40.96	200 2:14.83	250 2:48.85	300 3:22.97	350 3:57.20	400 4:31.36	450 5:05.71	500 5:39.95
	33.13	33.62	34.21	33.87	34.02	34.12	34.23	34.16	34.35	34.24
550	6:14.21	600 6:49.08	650 7:23.52	700 7:58.56	750 8:33.62	800 9:08.72	850 9:43.60	900 10:18.79	950 10:54.13	1000 11:29.61
	34.26	34.87	34.44	35.04	35.06	35.10	34.88	35.19	35.34	35.48
1050	12:05.17	1100 12:40.70	1150 13:16.15	1200 13:51.49	1250 14:27.24	1300 15:02.28	1350 15:37.80	1400 16:13.04	1450 16:48.67	1500 17:24.15
	35.56	35.53	35.45	35.34	35.75	35.04	35.52	35.24	35.63	35.48
1550	17:59.58	1600 18:35.35	1650 19:10.89	1700 19:46.41	1750 20:22.35	1800 20:58.21	1850 21:33.74	1900 22:09.85	1950 22:45.82	2000 23:21.49
	35.43	35.77	35.54	35.52	35.94	35.86	35.53	36.11	35.97	35.67
2050	23:56.92	2100 24:32.51	2150 25:08.38	2200 25:44.35	2250 26:20.44	2300 26:56.43	2350 27:32.36	2400 28:08.50	2450 28:44.66	2500 29:20.30
	35.43	35.59	35.87	35.97	36.09	35.99	35.93	36.14	36.16	35.64
2550	29:56.59	2600 30:32.44	2650 31:08.55	2700 31:44.75	2750 32:20.81	2800 32:57.25	2850 33:33.33	2900 34:09.67	2950 34:45.47	3000 35:21.21
	36.29	35.85	36.11	36.20	36.06	36.44	36.08	36.34	35.80	35.74
3	050486521	GARROTE MENDEZ PATRICIA	2000	CANOENC		35:39.69				
50	33.37	100 1:07.26	150 1:41.44	200 2:16.12	250 2:50.52	300 3:25.39	350 4:00.49	400 4:35.71	450 5:10.60	500 5:45.71
	33.37	33.89	34.18	34.68	34.40	34.87	35.10	35.22	34.89	35.11
550	6:21.03	600 6:56.70	650 7:32.34	700 8:07.89	750 8:43.71	800 9:19.14	850 9:54.80	900 10:30.09	950 11:05.81	1000 11:41.29
	35.32	35.67	35.64	35.55	35.82	35.43	35.66	35.29	35.72	35.48
1050	12:17.05	1100 12:52.84	1150 13:28.16	1200 14:03.37	1250 14:38.89	1300 15:14.61	1350 15:50.30	1400 16:26.21	1450 17:02.21	1500 17:37.81
	35.76	35.79	35.32	35.21	35.52	35.72	35.69	35.91	36.00	35.60
1550	18:13.71	1600 18:49.36	1650 19:25.46	1700 20:01.43	1750 20:37.44	1800 21:13.37	1850 21:49.32	1900 22:25.05	1950 23:00.87	2000 23:36.83
	35.90	35.65	36.10	35.97	36.01	35.93	35.95	35.73	35.82	35.96
2050	24:12.76	2100 24:48.95	2150 25:25.26	2200 26:01.50	2250 26:37.48	2300 27:14.18	2350 27:51.13	2400 28:27.59	2450 29:03.77	2500 29:39.77
	35.93	36.19	36.31	36.24	35.98	36.70	36.95	36.46	36.18	36.00
2550	30:15.53	2600 30:51.32	2650 31:27.19	2700 32:03.65	2750 32:39.77	2800 33:16.22	2850 33:52.34	2900 34:28.87	2950 35:04.53	3000 35:39.69
	35.76	35.79	35.87	36.46	36.12	36.45	36.12	36.53	35.66	35.16

 RT: RETIRADO
 NP: NO PRESENTADO

 DES: DESCALIFICADO
 BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016
M-86_MADRID

Datos técnicos: Piscina de 25 m., Cronometraje Manual

09/01/2016
4 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
4	054195385	FERNANDEZ MIRANDA SARA	1999	ALCOBEN		37:45.52				
50	37.11	1:13.60	1:51.13	2:28.23	3:05.46	3:42.87	4:20.31	4:57.55	5:34.78	6:12.36
	37.11	36.49	37.53	37.10	37.23	37.41	37.44	37.24	37.23	37.58
550	6:49.54	7:26.78	8:04.03	8:41.43	9:18.85	9:56.30	10:34.12	11:11.52	11:48.88	12:26.33
	37.18	37.24	37.25	37.40	37.42	37.45	37.82	37.40	37.36	37.45
1050	13:03.81	13:41.56	14:19.38	14:57.22	15:35.00	16:12.76	16:50.49	17:28.05	18:05.70	18:43.55
	37.48	37.75	37.82	37.84	37.78	37.76	37.73	37.56	37.65	37.85
1550	19:21.50	19:59.24	20:39.06	21:18.12	21:56.18	22:35.17	23:13.61	23:52.08	24:30.23	25:08.31
	37.95	37.74	39.82	39.06	38.06	38.99	38.44	38.47	38.15	38.08
2050	25:46.36	26:24.09	27:01.77	27:39.73	28:17.59	28:55.33	29:32.88	30:10.36	30:47.68	31:25.28
	38.05	37.73	37.68	37.96	37.86	37.74	37.55	37.48	37.32	37.60
2550	32:02.94	32:40.24	33:17.55	33:56.26	34:35.19	35:14.83	35:54.40	36:33.11	37:10.29	37:45.52
	37.66	37.30	37.31	38.71	38.93	39.64	39.57	38.71	37.18	35.23
5	053473821	HERNAN-GOMEZ MINGO MIRIAN	1998	LEGANES		38:42.07				
50	38.27	1:16.43	1:55.13	2:33.63	3:12.59	3:51.62	4:30.20	5:08.70	5:46.98	6:25.07
	38.27	38.16	38.70	38.50	38.96	39.03	38.58	38.50	38.28	38.09
550	7:03.12	7:41.35	8:19.86	8:57.93	9:36.51	10:14.85	10:53.44	11:32.19	12:10.69	12:49.06
	38.05	38.23	38.51	38.07	38.58	38.34	38.59	38.75	38.50	38.37
1050	13:28.03	14:07.12	14:45.94	15:24.53	16:03.01	16:41.61	17:20.41	17:59.45	18:37.98	19:16.55
	38.97	39.09	38.82	38.59	38.48	38.60	38.80	39.04	38.53	38.57
1550	19:55.51	20:34.22	21:13.13	21:51.61	22:30.02	23:08.39	23:46.35	24:24.51	25:02.95	25:41.65
	38.96	38.71	38.91	38.48	38.41	38.37	37.96	38.16	38.44	38.70
2050	26:20.16	26:59.07	27:37.84	28:16.84	28:56.13	29:35.25	30:14.77	30:54.15	31:33.17	32:12.57
	38.51	38.91	38.77	39.00	39.29	39.12	39.52	39.38	39.02	39.40
2550	32:51.70	33:31.03	34:09.86	34:49.38	35:28.45	36:07.97	36:47.04	37:26.18	38:04.80	38:42.07
	39.13	39.33	38.83	39.52	39.07	39.52	39.07	39.14	38.62	37.27
6	053901037	FERNANDEZ GARCIA MIREYA	2000	LEGANES		39:10.60				
50	38.02	1:16.97	1:56.20	2:35.58	3:15.01	3:54.31	4:33.71	5:13.09	5:51.96	6:30.96
	38.02	38.95	39.23	39.38	39.43	39.30	39.40	39.38	38.87	39.00
550	7:09.60	7:48.01	8:26.78	9:05.38	9:44.38	10:22.67	11:01.28	11:39.88	12:18.12	12:56.83
	38.64	38.41	38.77	38.60	39.00	38.29	38.61	38.60	38.24	38.71
1050	13:35.35	14:14.14	14:52.56	15:31.30	16:10.17	16:49.34	17:28.24	18:07.70	18:47.16	19:26.42
	38.52	38.79	38.42	38.74	38.87	39.17	38.90	39.46	39.46	39.26
1550	20:05.26	20:44.53	21:23.57	22:02.67	22:41.92	23:21.16	24:00.17	24:39.29	25:18.66	25:58.20
	38.84	39.27	39.04	39.10	39.25	39.24	39.01	39.12	39.37	39.54
2050	26:37.60	27:16.61	27:55.49	28:34.61	29:13.74	29:53.14	30:32.50	31:11.82	31:51.53	32:31.27
	39.40	39.01	38.88	39.12	39.13	39.40	39.36	39.32	39.71	39.74
2550	33:10.98	33:50.89	34:30.76	35:11.04	35:50.28	36:30.03	37:10.54	37:50.71	38:30.55	39:10.60
	39.71	39.91	39.87	40.28	39.24	39.75	40.51	40.17	39.84	40.05

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016

Datos técnicos: Piscina de 25 m., Cronometraje Manual

M-86_MADRID
09/01/2016
4 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
7	053717741	MAROTO ROMERO MARTA	1997	LEGANES		39:47.49					
50	37.89	100 1:16.83	150 1:55.97	200 2:35.80	250 3:14.90	300 3:54.13	350 4:33.71	400 5:13.01	450 5:52.26	500 6:31.61	
	37.89	38.94	39.14	39.83	39.10	39.23	39.58	39.30	39.25	39.35	
550	7:11.01	600 7:50.60	650 8:30.25	700 9:09.65	750 9:49.12	800 10:28.56	850 11:08.58	900 11:48.91	950 12:28.99	1000 13:09.26	
	39.40	39.59	39.65	39.40	39.47	39.44	40.02	40.33	40.08	40.27	
1050	13:49.44	1100 14:29.34	1150 15:09.63	1200 15:49.43	1250 16:29.82	1300 17:09.86	1350 17:49.51	1400 18:28.93	1450 19:08.48	1500 19:48.43	
	40.18	39.90	40.29	39.80	40.39	40.04	39.65	39.42	39.55	39.95	
1550	20:27.77	1600 21:07.02	1650 21:46.87	1700 22:26.25	1750 23:06.07	1800 23:45.09	1850 24:24.59	1900 25:04.30	1950 25:44.49	2000 26:24.59	
	39.34	39.25	39.85	39.38	39.82	39.02	39.50	39.71	40.19	40.10	
2050	27:04.47	2100 27:44.80	2150 28:25.05	2200 29:05.62	2250 29:46.08	2300 30:26.37	2350 31:07.09	2400 31:47.00	2450 32:26.98	2500 33:07.25	
	39.88	40.33	40.25	40.57	40.46	40.29	40.72	39.91	39.98	40.27	
2550	33:47.77	2600 34:28.07	2650 35:07.82	2700 35:47.37	2750 36:27.50	2800 37:07.41	2850 37:47.38	2900 38:27.29	2950 39:07.68	3000 39:47.49	
	40.52	40.30	39.75	39.55	40.13	39.91	39.97	39.91	40.39	39.81	
8	02305691X	FERNÁNDEZ MORENO NATALIA	1999	MIRASUR		40:10.72					
50	37.25	100 1:15.03	150 1:53.45	200 2:32.02	250 3:10.91	300 3:50.35	350 4:30.07	400 5:09.62	450 5:49.32	500 6:29.38	
	37.25	37.78	38.42	38.57	38.89	39.44	39.72	39.55	39.70	40.06	
550	7:08.92	600 7:48.92	650 8:29.81	700 9:09.67	750 9:49.80	800 10:30.30	850 11:11.45	900 11:51.81	950 12:32.81	1000 13:13.76	
	39.54	40.00	40.89	39.86	40.13	40.50	41.15	40.36	41.00	40.95	
1050	13:54.28	1100 14:35.31	1150 15:15.78	1200 15:56.80	1250 16:38.53	1300 17:19.39	1350 17:59.70	1400 18:40.44	1450 19:21.16	1500 20:01.97	
	40.52	41.03	40.47	41.02	41.73	40.86	40.31	40.74	40.72	40.81	
1550	20:43.17	1600 21:23.80	1650 22:04.85	1700 22:46.08	1750 23:26.71	1800 24:07.85	1850 24:49.04	1900 25:29.39	1950 26:10.20	2000 26:50.72	
	41.20	40.63	41.05	41.23	40.63	41.14	41.19	40.35	40.81	40.52	
2050	27:30.50	2100 28:10.40	2150 28:51.29	2200 29:31.29	2250 30:11.91	2300 30:51.39	2350 31:31.90	2400 32:12.14	2450 32:52.74	2500 33:33.79	
	39.78	39.90	40.89	40.00	40.62	39.48	40.51	40.24	40.60	41.05	
2550	34:13.98	2600 34:54.24	2650 35:33.96	2700 36:14.21	2750 36:54.52	2800 37:34.50	2850 38:13.89	2900 38:53.69	2950 39:32.51	3000 40:10.72	
	40.19	40.26	39.72	40.25	40.31	39.98	39.39	39.80	38.82	38.21	
9	011900122	GALAN PEDRERA NEREA	2000	MIRASIE		41:10.01					
50	37.07	100 1:15.60	150 1:54.85	200 2:34.73	250 3:14.85	300 3:54.82	350 4:35.28	400 5:16.23	450 5:56.64	500 6:37.15	
	37.07	38.53	39.25	39.88	40.12	39.97	40.46	40.95	40.41	40.51	
550	7:18.05	600 7:58.12	650 8:38.24	700 9:18.59	750 9:59.08	800 10:39.90	850 11:20.87	900 12:01.74	950 12:43.28	1000 13:24.24	
	40.90	40.07	40.12	40.35	40.49	40.82	40.97	40.87	41.54	40.96	
1050	14:05.88	1100 14:47.48	1150 15:29.51	1200 16:11.07	1250 16:53.06	1300 17:35.02	1350 18:16.72	1400 18:59.10	1450 19:41.15	1500 20:23.22	
	41.64	41.60	42.03	41.56	41.99	41.96	41.70	42.38	42.05	42.07	
1550	21:05.38	1600 21:47.81	1650 22:29.71	1700 23:11.95	1750 23:53.79	1800 24:36.26	1850 25:18.15	1900 25:59.96	1950 26:42.42	2000 27:24.61	
	42.16	42.43	41.90	42.24	41.84	42.47	41.89	41.81	42.46	42.19	
2050	28:06.76	2100 28:48.41	2150 29:30.46	2200 30:11.85	2250 30:53.17	2300 31:35.38	2350 32:17.38	2400 32:59.19	2450 33:41.52	2500 34:23.41	
	42.15	41.65	42.05	41.39	41.32	42.21	42.00	41.81	42.33	41.89	
2550	35:05.52	2600 35:47.36	2650 36:28.99	2700 37:10.25	2750 37:51.31	2800 38:32.36	2850 39:13.11	2900 39:52.79	2950 40:32.83	3000 41:10.01	
	42.11	41.84	41.63	41.26	41.06	41.05	40.75	39.68	40.04	37.18	

 RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

OPEN MADRID L.DISTANCIA 15-16, 9 DE ENERO 2016

Datos técnicos: Piscina de 25 m., Cronometraje Manual

M-86_MADRID

09/01/2016

4 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
10	048157997	DOBLAS DE LEON-SOTELO CARMEN	2000	LEGANES		41:40.82					
50	38.48	1:18.03	1:58.40	2:39.33	3:20.45	4:01.18	4:42.81	5:23.23	6:03.60	6:44.17	
	38.48	39.55	40.37	40.93	41.12	40.73	41.63	40.42	40.37	40.57	
550	7:25.42	8:06.18	8:47.45	9:28.17	10:09.89	10:51.59	11:33.09	12:15.42	12:57.17	13:38.09	
	41.25	40.76	41.27	40.72	41.72	41.70	41.50	42.33	41.75	40.92	
1050	14:19.75	15:01.72	15:44.27	16:26.80	17:08.98	17:49.66	18:29.08	19:08.82	19:49.06	20:28.58	
	41.66	41.97	42.55	42.53	42.18	40.68	39.42	39.74	40.24	39.52	
1550	21:09.67	21:51.78	22:33.43	23:15.70	23:57.83	24:40.10	25:23.01	26:05.79	26:49.04	27:30.93	
	41.09	42.11	41.65	42.27	42.13	42.27	42.91	42.78	43.25	41.89	
2050	28:14.19	28:56.91	29:40.09	30:22.61	31:05.30	31:47.52	32:28.03	33:10.88	33:53.48	34:36.55	
	43.26	42.72	43.18	42.52	42.69	42.22	40.51	42.85	42.60	43.07	
2550	35:19.24	36:02.55	36:45.58	37:28.17	38:11.52	38:54.11	39:37.29	40:19.09	41:00.63	41:40.82	
	42.69	43.31	43.03	42.59	43.35	42.59	43.18	41.80	41.54	40.19	

RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA

